



EXCEL TEAM PROGRAM 2020-2021

WHO?

The Excel Team Program is aimed at Alberta's top young teams, meaning those with demonstrated potential to compete at the national and international levels. In 2020-2021 a total of 10 teams will be included (i.e., U20: 3 male & 3 female, and U25: 2 male & 2 female), with U18 Excel Skills Camps now replacing the previous U18 Excel Team Program. Access to the Excel Team Program is based on individual points from the 2019-2020 Excel Points Race. To access those points please [click here](#).

WHAT?

Curling Alberta's Excel Team Program provides identified teams with a stage-appropriate range of benefits designed to maximize their current performance and future potential. These benefits include on-ice training sessions, game observations, sport science expertise, special competition opportunities, and team coach support. To find out more about the specific benefits that we will make available to teams at the U20 and U25 levels please [click here](#).

WHERE?

In an effort to make our programming as accessible as possible, Excel Training Centres have been established at the following venues: Okotoks Curling Club, Saville Community Sports Centre, and Grande Prairie Curling Centre. Each of these venues features superior playing conditions and advanced performance technology, and is operated by one of our Regional Excel Coaches. To find out more about our Excel Coaching Staff, please [click here](#).

WHEN?

In order to maximize it's impact both now and in the future, the Excel Team Program has been designed to support both the team and the team coach. More specifically, all Excel teams will receive eight (8) hours of on-ice training, three (3) game observations, along with various other benefits, while their coaches will receive free professional development and mentorship. For a detailed schedule of when these opportunities will be made available, please [click here](#).

WHY?

Alberta has a proud curling history, but our past accomplishments will not guarantee our future success. Curling Alberta has therefore created the Excel Team Program to ensure that we remain Canada's dominant curling province for many years to come. By providing our top young teams, and their coaches, with first-class development opportunities, we are also investing in Alberta's major champions of the future.

Please note that the composition of and fees for the 2020-2021 Excel Team Program could be downsized depending on the emerging realities of the COVID-19 pandemic.

For more information please contact Excel Program Director,
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