



# EXCEL TEAM PROGRAM BENEFITS 2020-2021

Updated August 2020

**U25 Excel Teams are eligible to receive the following:**

- Home fitness program designed specifically for curlers
- Up to 8 hours of on-ice training with their assigned Excel coach
- Priority practice bookings at any Excel Training Centre in the province
- 3 game observations at a designated WCT event, with a follow-up report
- Priority access to Curling Alberta's microphone systems
- Available tracking and analysis of shooting and scoring statistics
- Team coach receives free professional development and mentoring
- \$1,500 towards recognized coaching and sport science expenses
- \$1,500 towards entry fees for pre-approved WCT event(s)
- Free entry into the Mixed Doubles playdowns when Excel curlers team up

**2 Male Teams & 2 Female Teams (Combined Age >100)**

Team Fee: **\$1,000\***

**U20 Excel Teams are eligible to receive the following:**

- Home fitness program designed specifically for curlers
- Up to 8 hours of on-ice training with the assigned Excel coach
- Up to 4 hours of online training with sport science professionals
- Limited practice bookings at any Excel Training Centre in the province
- 3 game observations at the U21 Excel Cup, with a follow-up report
- Limited access to Curling Alberta's microphone systems
- Team coach receives free professional development and mentoring
- \$1,000 towards entry fees for pre-approved WCT event(s)
- Free entry into the Mixed Doubles playdowns when Excel curlers team up

**3 Male Teams & 3 Female Teams**

Team Fee: **\$750\***

**U18 Excel Skills Camps replace former U18 Excel Team Program:**

- 4 hours of on-ice training with members of the Excel coaching staff
- 2 hours of online training with sport science professionals
- Excel Skills Camp #1 – September 19 (Okotoks C.C. and Saville Centre)
- Excel Skills Camp #2 – December 12 (Okotoks C.C. and Saville Centre)
- Prioritized access based on U18 Excel Points Race at the registration deadline
- Bonus: all Alberta entrants get 3 game observations at the U18 Excel Cup

**6 Male Teams & 6 Female Teams/Camp Date:**

Team Fee: **\$250/Camp**

*\*Please note that the fees and benefits associated with the 2020-2021 Excel Team Program could be downsized depending on the impact of the COVID-19 pandemic.*