



CURLING CLUB RELAUNCH TOOLKIT

August 2020

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Curling Alberta has been working closely with a number of curling centre general managers and presidents to develop an inclusive toolkit to support the relaunch of curling in Alberta. Curling Alberta has also consulted key stakeholders including the Sport, Physical Activity and Recreation (SPAR) branch of the Government of Alberta and Curling Canada. The aim of this toolkit is to offer resources that clubs can use to assist in the creation of specific strategies for their club and membership. This toolkit is to be used as a support tool for the [Curling Alberta Return to Play Guidelines](#).

Although this toolkit has been designed to incorporate as many resources as possible, it is impossible to create documents that are specific to all centres. The following resources are guidelines and support tools and are in no way all encompassing. Centres should use the following as a starting point. The most up-to-date [AHS guidelines](#) should still be referred to.

This toolkit is an evolving document. Content will be added as new information and resources become available. At this time, there is little mention of junior and school programs, however, that is expected to follow at a later date.



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CURLING CLUB RETURN TO PLAY INITIAL QUESTIONNAIRE

This questionnaire has been designed as a preliminary checklist for clubs to utilize to ensure that they are prepared for reopening. Although this questionnaire contains a number of very important points, it is only a starting point for clubs. Please add and tweak it so that it is aligned with your club.

Risk Assessment				
Question	Yes	No	N/A	Notes
Has your club completed the Covid-19 response plan risk assessment?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	See section 5
Has your club completed the Covid-19 communication plan risk assessment?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	See section 5
Has your club completed the Covid-19 Health & Safety Risk Assessment?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	See section 5
Has your club completed the Covid-19 Human Resources Risk Assessment?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	See section 5
Screening For Symptoms				
Question	Yes	No	N/A	Notes
Has your club taken measures to prevent anyone with symptoms from entering your facility?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Signage, declaration of compliance, informed consent, release of liability, team information package!
Do you have signage to instruct who may have been exposed to Covid-19 to not enter?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	AHS Screening checklist (poster) Simple visuals like curling guidelines poster
Have you considered active screening of patrons for symptoms	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Use self assessment tool (AHS) or Alberta Health Daily Screening
Have your members been informed to stay home if sick?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Using the appropriate waiver forms as per the RTP guidelines.
Does your club have procedures in place to perform contact tracing?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Logs, team sheets (league & bonspiel)
Distancing Measures				
Question	Yes	No	N/A	Notes
Does your club have a plan for social distancing to ensure 2 metres apart?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Have you implemented directional traffic flow guidance?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Do you have a plan to limit the number of people within each defined space?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Do you have a PPE or physical engineering plan where 2 metre distancing is not possible?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	



Facility Cleaning				
Question	Yes	No	N/A	Notes
Do you have a plan to train staff for cleaning requirements?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Procedures, frequency for high traffic & public spaces.
Do you have a plan to identify and clean high touch surfaces?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Do you have a plan for debit machines & cash registers?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Has your club considered traffic flow to minimize high touch surfaces?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	One way flow, use entrances with automated doors if possible.
Do you have an adequate stock of cleaning supplies in the event there is a shortage?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Has your club considered limiting hours of operation to allow for cleaning?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Time between draws (league & bonspiel) lounge hours
Does your club have adequate staff to complete cleaning tasks?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
PPE (personal protective equipment)				
Question	Yes	No	N/A	Notes
Has your club looked at how to promote PPE when physical distancing is not possible?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Masks, engineered barriers for congested areas (staging area prior to going on or off the playing area)
Has your club asked who will provide PPE if required?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Will attendees provide their own or will the club provide?
Does your club have a plan to inform/educate people of PPE requirements?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Responsibilities - We all have some				
Question	Yes	No	N/A	Notes
Who is responsible to ensure all attendees (players/spectators) are following the rules?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
How will your club have updated contact information for staff and players?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
What will your club do if a member/guest is not complying to the rules?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	



Financial Planning				
Question	Yes	No	N/A	Notes
Has your club considered if you can financially open with Covid-19 restrictions?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Does your club know all of your fixed costs?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lease, utilities, staff, supplies, external contracts (cleaning/services)
Have you considered surveying your membership? Are they playing this season?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
If you have to modify leagues (times & numbers) will it have a financial impact?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Have you taken signage / engineered barriers/ Additional cleaning into cost consideration?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
If you rent lockers and they are not allowed under current requirements. How will this impact your income?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	What other rental revenue could be impacted?
Will you require additional staff for cleaning and service?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Ice making, bar service, cleaning, etc.
Will you have to cancel programs that are hard to maintain physical distancing?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	School programs, juniors, general rentals, clinics & bonspiels?
Championships / Bonspiels & Club Tournaments				
Question	Yes	No	N/A	Notes
Is your club planning on hosting sanctioned events (playdowns / championships) and if so do you understand the impacts and requirements?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
If bonspiels are allowed under AHS guidelines do you have measures to have non members sign off on waivers?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Insurance				
Question	Yes	No	N/A	Notes
Has your club discussed with your insurance carrier the impacts of Covid-19 on your club?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	



BUILDING SAFETY

The following building safety checklist is to be used as a deeper dive into your building after completing the Initial Questionnaire. Again, as each facility is different, you may have to amend it to suit your needs.

Hygiene Awareness & Screening - Checklist				
Question	Yes	No	N/A	Notes
Will all members, renters or those curling for the first time be required to sign a Declaration of Compliance and a Waiver of Assumption of Risk?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Leagues / bonspiels/ championships
Do you have signage that will promote good hygiene?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Have you provided communication to all members on Risks and good hygiene for curling?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Communication plans, surveys, registration, newsletters, etc
Do you have adequate hand sanitizer stations and are they in the best areas?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Do you have appropriate cleaning plans to sanitize high touch items?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Washrooms, door handles, bar/tables, stone handles.
Do you have appropriate staff to handle increased cleaning requirements?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Do you have signage to encourage anyone with symptoms to stay home?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Do you have posters that will display the AHS (screening checklist)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Do you have the appropriate log books to track all attendance in your rink?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Do all staff/volunteers have an appropriate understanding of what is required of them when managing members?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Is your club going to implement a daily health/ temperature check for members? If so, do you have a means of tracking it?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	



Cleaning Protocol - Checklist				
Question	Yes	No	N/A	Notes
Has your facility undertaken a full building clean prior to start up?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Do you keep a log of cleaning activities?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Do you know where your high traffic areas are and do you have a plan to address extra cleaning?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Do you have appropriate PPE for staff?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Do you have enough appropriate supplies to ensure proper cleaning?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Do you have appropriate staff to handle the extra cleaning requirements?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Is your staff aware of what is required of them when they are cleaning/sanitizing (i.e. proper methods, logging cleaning, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

Curling Equipment - Checklist				
Question	Yes	No	N/A	Notes
Do you have the ability to sanitize rental equipment between use?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Have you considered removing club provided equipment from the Ice Shed such as stabilizers if you can not ensure disinfection between use?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Will stones be disinfected between use?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Will scoreboards be disinfected between use?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	If not, consider one time only disposable scorecards
Will sanitizing stations be supplied for use prior to using measuring equipment?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Have you provided information for members to understand guidelines in regards to stones, measuring and score keeping?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	



SITE PLAN & PHYSICAL DISTANCING WITHIN A FACILITY

Each curling centre should review their facility to ensure close encounters with other people should be avoided as much as possible. The AHS provides the following guidance:

The operator should have schematics and drawings that identify all areas of the facility, including:

- Individual buildings
- Medical and first aid offices and resources
- Site and facility entry and exit points
- Areas intended for isolation and quarantine, if staff residence is provided onsite
- Accommodation facilities, dining areas, washrooms and showers – where applicable
- Recreational activity areas (e.g., fitness facilities, games rooms, etc.) – where applicable

Written plans should describe how physical distancing will be maintained throughout the facility.

- When physical distancing cannot be maintained, describe how workers, visitors and curlers will be protected through the use of administrative controls, engineering controls and/or personal protective equipment (PPE)

When planning the traffic flow for your facility, think back to restaurants and stores to how they manage their traffic flow with arrows. Refer to [Appendix 1](#) for examples.



SANITATION RECOMMENDATIONS

Please note the following are recommendations based on information gathered from AHS and Health Canada. Clubs are welcome to create their own method that works best for them but may wish to consider the following as a minimum.

Facility

- Everyone entering the building should use the provided hand sanitation as they enter the facility. CDC recommends consumers use an alcohol-based hand sanitizer that contains at least 60% alcohol
- No access to the change rooms/lockers. Players are recommended to come as close to ice ready as feasible.
- Use a disinfectant that has a Drug Identification Number (DIN) and a virucidal claim. Be sure to follow the instructions on the label to disinfect effectively.
- Increase daily cleaning and disinfection of common areas and surfaces. Pay particular attention to doorknobs, light switches, staff rooms, desktops, washrooms and other high touch surfaces
- Recommended to use disinfectant every 2 hours if the facility is in use.
 - Alternatively, you can make a 1000ppm bleach water solution by mixing 20 ml (4 teaspoons) of unscented, household bleach with 1000 ml (4 cups) of water. Ensure the surface remains wet with the bleach water solution for 1 minute.
- Everyone in the facility must wash their hands after using the washroom.
- Hand sanitizer and wipes will be in convenient spots around the facility. Curlers are encouraged to sanitize their hands prior to stepping onto the ice and immediately after.
- Ready-to-use products are not to be diluted or combined with other chemical agents.

Scoreboards

- It is recommended to find an alternate scorekeeping method than scoreboards.
- If a scoreboard is used, one person per sheet should be appointed to make changes on the scoreboard for both teams.
 - Disinfectant should be provided and easily accessible so that the scoreboard can be wiped down immediately after the game.
- If clubs choose not to use the scoreboards, it is recommended that score sheets are provided, similar to golf scorecards.
 - If these are not provided, communication should be provided to your members as to another alternative.

On-ice benches

- Benches are typically a high contact area. It is recommended to remove benches from the ice.
- If benches will be used, come up with a sanitation plan with your ice-tech/club staff as it may take more than a simple wipe down with a wipe.



Rocks

- Rock handles will be wiped with disinfectant between bookings
 - Clubs can decide if this is done by club staff/ice techs or the curlers at the beginning and end of each draw with disinfectant that are provided.
- Players will only use their designated rocks to avoid any cross contamination. There should be no sharing of equipment
- The club/ ice techs to clean all rocks at least once a day. (rubbing alcohol or a similar disinfectant would be a suitable option).
- Curlers are recommended to use a brush or a gloved hand to clean the rock. The use of a bare hand is **not** encouraged.

Rental Equipment

- Only one person should access the training equipment. Sanitation will be available to wipe down after use in readiness for the next player.
- The rental equipment should be managed by a staff member.

Food and Beverage

- You may choose not to offer food services or bar services open and to minimize the area for sanitation.
 - Follow the [COVID-19 information: guidance for restaurants, cafes, pubs, and bars \(August 20, 2020\)](#) for AHS sanitation recommendations.
 - https://www.fmi.org/docs/default-source/food-safety/covid-19-cleaning-and-disinfection-for-human-touch-surfaces.pdf?sfvrsn=6fed8e1_0

Other

- Create a sanitation/cleaning log to track cleaning in each area needing attention. Expect staff to log each time they clean. You may want to put this where visitors can see. Refer to Appendix 2 for a cleaning log template.
- For specific AHS COVID 19 recommendations
 - [COVID-19 Public Health Recommendations for Environmental Cleaning of Public Facilities](#)
 - [Principles for Environmental Cleaning and Disinfection](#). Note, primarily for facilities where care is provided. However, it has some good references to cleaning and disinfecting.
- Train **all** staff on proper disinfectant procedures
- Recommended to be communicated with members or make information available on request.



Use Health Canada approved **hard-surface disinfectants and hand sanitizers** for use against COVID-19 (search products by DIN number). Approved sanitizers tend to include, however it is recommended that you check the list:

- Diluted Bleach (Sodium hypochlorite)
- Benzalkonium Chloride
- Alkyl Dimethyl Ethylbenzyl Ammonium Chloride
- Hydrogen Peroxide
- Hydrochloric Acid
- Solutions with at least 70% alcohol

A full list available here: <https://www.canada.ca/en/health-canada/services/drugs-health-products/disinfectants/covid-19/list.html>

Important Information on Disinfectants and Cleaning Agents

- Follow manufacturer's label instructions for application.
- Ensure proper ventilation.
- Make sure employees are trained appropriately on cleaning and disinfection procedures.
- Ensure the product is not past its expiration date.
- Never mix household bleach with ammonia or any other cleanser



COVID-19 RISK ASSESSMENT TOOL: MODIFIED FOR CURLING

Reference: Sport Calgary Risk Assessment Tool

As a result of the unprecedented challenges the COVID -19 pandemic brings, clubs should review their protocols to ensure they are doing all they can to protect their workforce and manage their operations. Thankfully, assessing your exposures and taking the appropriate precautions can go a long way toward safeguarding your clubs and business. This questionnaire gives clubs the opportunity to review categories specific to COVID -19 and take actions to address those risks.

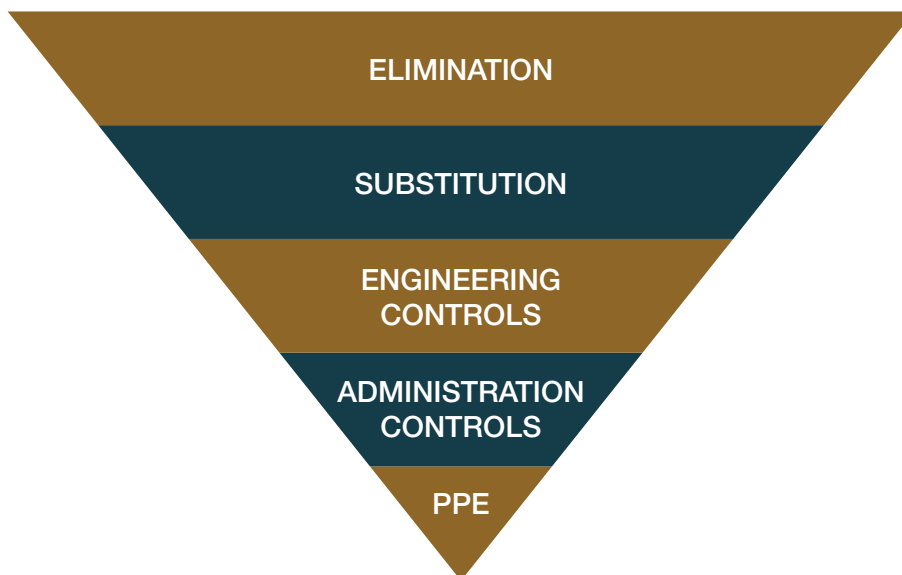
The following document was adapted to be curling specific from Sport Calgary's Risk Assessment Tool. An example of the Risk Assessment Tool based on a curling club can be found in [Appendix 3](#).

Risk	Description
Low	Exposure is Unlikely <ul style="list-style-type: none">• Social distancing is easily maintained• No shared equipment (brooms, rocks, measuring equipment, scoreboards and lockers)
Medium	Exposure Likely, will happen but only once in a while. <ul style="list-style-type: none">• Participants may have social distancing issues with other people (locker rooms, lobbies, lounge, entrance/exit points)• Participants regularly touch shared objects, with other people (rocks, scoreboards, measuring equipment, etc)
High	Exposure is extremely likely. Will happen, and likely regularly. <ul style="list-style-type: none">• Participants are exposed to large amounts of internal / external people (open lounge to internal/external people) shaking hands before/after games.• Social distancing is difficult (with external people) or not possible (with either internal or external people). Bathrooms, lounge, locker rooms etc.• People not following AHS self isolation if required!



Controls for COVID-19

The use of the hierarchy of controls for any hazard is considered a best practice and can be described as hazard control measures in descending order of effectiveness; these hazard control measures would include such measures as:



1. **Elimination** – Remove the hazard
2. **Substitution** – Control the hazard, additional cleaning, stagger ice times, special programming, signage & posters.
3. **Engineering** – Install barriers to isolate people.
4. **Administration** – Establish hard rules that will limit people from exposure.
5. **Personal Protective Equipment (PPE)** requires individuals to wear PPE (masks) this should be the last resort.

This risk assessment is different from the rapid response plan that your club should create.

“A rapid response plan sets out a fast-action plan for operators when an attendee shows symptoms or tests positive for COVID-19. Operators should develop a plan that includes appropriate policies and procedures based on the type of attendees specific to their services and settings.”

Government of Alberta: Guidance For Sport, Physical Activity And Recreation – Stage 2, updated: July 20, 2020.

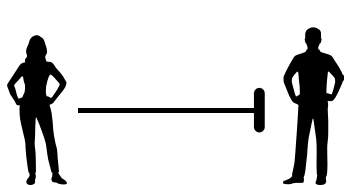


RESPONSIBLE CURLING GUIDELINES

“Curling will look a bit different this upcoming season, but we’re pleased to announce there’s still a way to play while also ensuring that the safety of curlers remains a top priority,” said Danny Lamoureux, Curling Canada’s director of curling club development and championship services.

By implementing the following at your club the curling guidelines, we can ensure that our sport remains a low-risk activity. To download the poster to post it at your facility, just click on the image.

RESPONSIBLE CURLING GUIDELINES



Stay at least one broom stick length (2 meters) from others at all times



Come to the rink dressed to curl



Arrive no more than 15 minutes prior to your draw time



Resist the urge to handshake



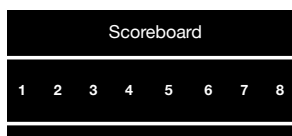
Use your own equipment when possible



Sanitize your stones prior game play and touch only those stones



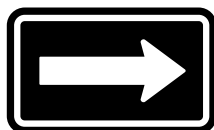
Practice proper hygiene



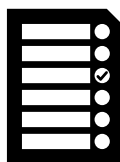
Avoid/limit use of the scoreboards/use provided scorecards



Stay home if unwell



Pay attention to and follow all posted signs and floor markings



Respect all club rules and procedures



Sanitize measuring equipment and rental equipment after use



SIGNAGE & POSTERS

Instead of recreating the wheel, Curling Alberta has decided to use the signage that has already been created by the Alberta Government and Alberta Health Services. Any future signage designed by Curling Alberta will be added to the Curling Alberta Affiliated Club's Repository or emailed directly to the club.

Key posters include:

- How to wear a non-medical mask
- Help relaunch, safely: Prevention starts with awareness
- Practice physical distancing
- Help prevent the spread information sheets
- Hand Hygiene

More posters for downloading can be found here:

- <https://www.alberta.ca/covid-19-information-posters.aspx>
- <https://www.albertahealthservices.ca/info/Page11362.aspx>



ADDITIONAL RESOURCES

Curling Alberta has created a number of platforms to share information and updates.

Note, this group is only open to those involved with a curling club at a planning or policy level can join the Facebook page and club repository (ie. board members, managers, coordinators, ice techs etc.)

- Curling Alberta's Affiliated Club Facebook Group: <https://www.facebook.com/groups/curlingalberta/>
- Curling Alberta Affiliated Club's Repository: https://drive.google.com/drive/u/0/folders/0Al4X_wLLb8sxUk9PVA
- Curling Alberta COVID-19 Resources: <https://curlingalberta.ca/member-club-resources>

Return to Sport Resource:

- Sport Calgary: <https://www.sportcalgary.ca/this-week-in-sport-listings/return-to-sport-resources>

Toolkits created by other Associations:

- <https://www.ottawareturntoplayroadmap.ca/>
- <https://integralorg.ca/files/public-files/toolkits/recovery-checklist-toolkit-word-document-june-21-optimized.pdf>
- <https://integralorg.ca/toolkits/learning-program/>

Centers of Disease Control and Prevention (CDC)

- Playing Sports: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/playing-sports.html>
- Youth Sports Toolkit, including posters and videos: <https://www.cdc.gov/coronavirus/2019-ncov/communication/toolkits/youth-sports.html>
- Social media toolkit: <https://www.cdc.gov/coronavirus/2019-ncov/communication/social-media-toolkit.html>

Please send any questions, comments or feedback to info@curlingalberta.ca.

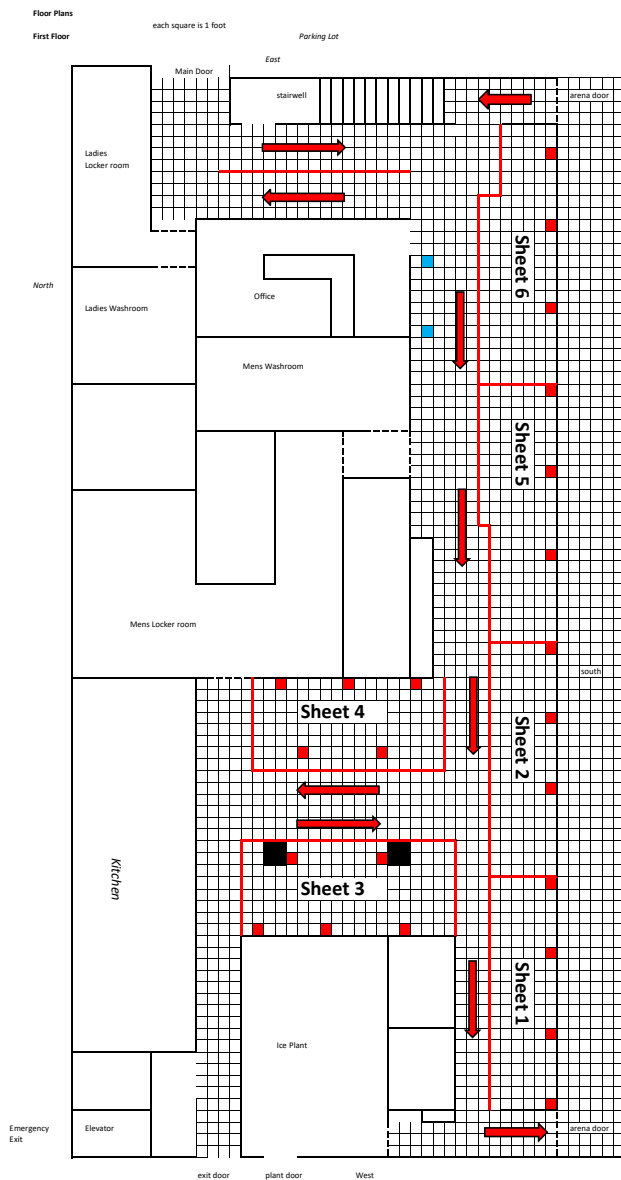


APPENDIX 1. SITE PLAN EXAMPLES

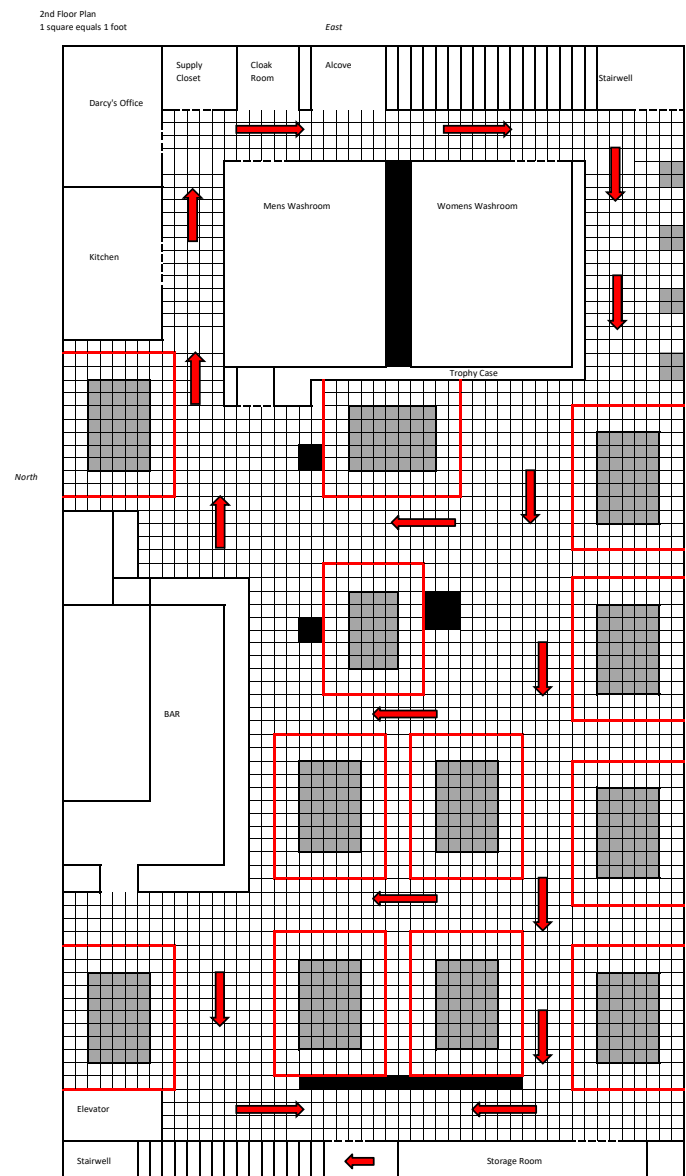
Note, every curling club is different. The following site plans are to be used as strictly an example and to give an idea of how the flow in your club may work.

Crestwood Curling Club

1st Floor Traffic Flow

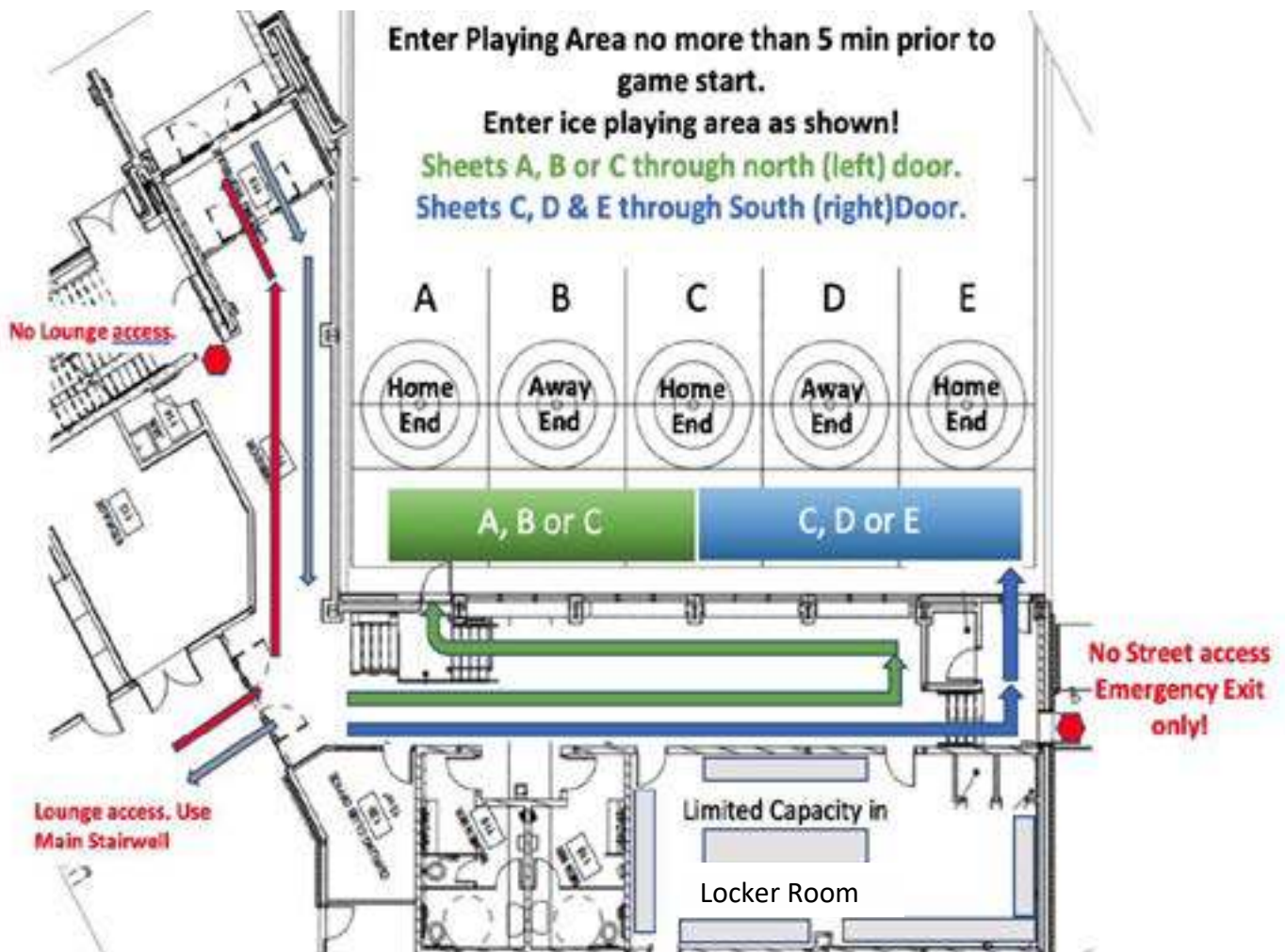


2nd Floor Traffic Flow



Rocky Curling Club

Recommended flow for social distancing



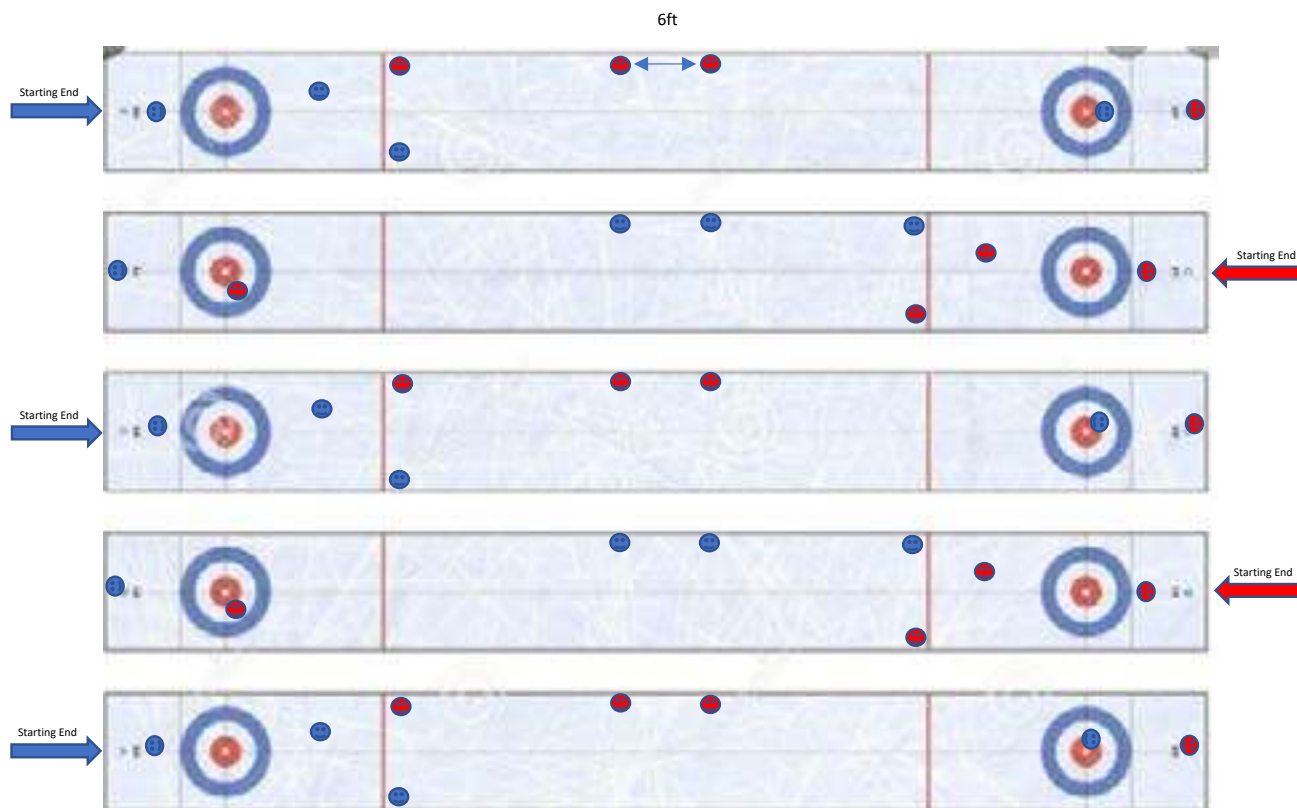
Guideline for Social Distancing!

- **Green Lines are suggested flow for players on sheets A, B and or C.**
 - **Sheet A Home End, Sheet B Away End, Sheet C Home End.**
- **Blue Arrows are suggested flow for players on sheets E, D and or C.**
 - **Sheet C Home End, Sheet D Away End, Sheet E Home End.**
- All players will disperse onto sheets to minimize congestion.
- Locker room will be limited to 6 people at a time & 6ft distancing.
- **End of game** Exit to the closest entrance respecting other players position, players must exit the lobby area as soon as possible to minimize congestion.
- **If Draws are back to back there will be ½ hour between draws.**




Flow on the ice

Stop the Spread – On Ice Physical Distancing Guide. (example 5 sheets)



Physical Distancing - Rules of Play (Custom when physical distancing is available)

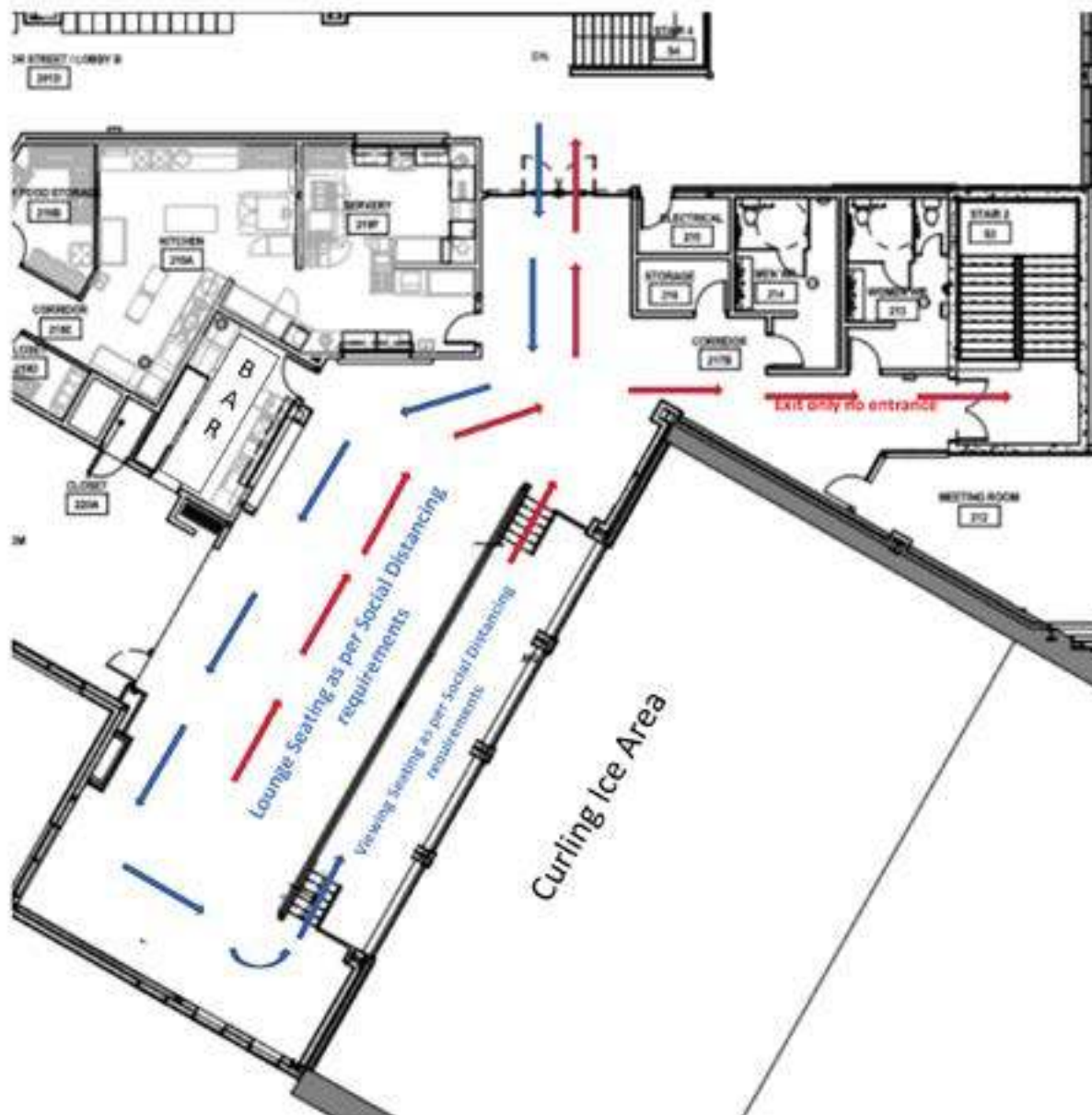
- **Alternate game start/finish** Sheets 1,3,5 start home end, Sheets 2,4 Start away end.
- **No Hand shaking allowed.** (tap brooms, wave) 
- **Deciding Hammer! Coin flip**
 - Vice skip or any player with a coin can flip their own coin.
- **Keeping Score!** Vice Skip on team starting (hammer) keeps score for both teams.
- **Measuring rocks!** Vice Skip not keeping score will be responsible to measure as required.
- Do not touch rocks other than your own (2) with your hands.
- Do not ready opponents' rocks (throwing end)
- **Non-throwing team!**
 - Skip/Vice Skip remain behind hack until throwing team gives up the house.
 - Players remain on same side of Ice (left hand from home end)
 - Sweepers remain at center ice 6 ft apart until throwing team done.
 - Player waiting to throw waits at hog line until opposing team is done.
 - No Sweeping of any stones behind tee-line.
- **Throwing Team!**
 - Skip/Vice Skip have control of the house.
 - Skip/Vice Skip not allowed to sweep at any time.
 - One Sweeper only per delivered rock.
 - Alternate sweeper should remain at hog on opposite non-throwing team (right)
- **Everyone wash or sanitize hands before & after game played.**

Be Respectful- Do your part and stop the Spread. It's Cold & Flu season!



Lounge Social

Rocky Curling Club Lounge Stage 2 flow guidelines subject to change as per AHS requirements.



Lounge Social Distancing Guidelines.

- **Blue lines suggested traffic Flow to promote social distancing.**
 - Lounge entrance through sliding doors (no contact)
- **Red Lines suggested traffic exit flow to promote social distancing.**
 - Stairwell exit only, No entrance.
- Lounge and Viewing area will have limited seating based on AHS social distancing requirements that are expected to change throughout the season.
- Tables will have a maximum of 6 seats as per AHS guidelines for restaurants & Pubs during stage 2 reopening.



APPENDIX #2: CLEANING LOG

Note, the times suggestions on the cleaning log are only recommendations. Please ensure the timing and procedures are manageable. It is between the club and their staff to determine how and when the log should be catalogued. It is recommended that these logs are kept in a safe and secure location in case they need to be referred back to.



CLUB NAME Cleaning Log

All surfaces and equipment to be cleaned in accordance to Alberta Health Services regulations and must use Health Canada approved disinfectants and sanitizers.

Staff cleaning surfaces and equipment must initial in the appropriate box.

Location/Equipment Description: _____ Month: _____

Date	9am	11am	1pm	3pm	5pm	7pm	9pm	Close
1								
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3								
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APPENDIX #3: COVID-19 RISK ASSESSMENT TEMPLATES

(Reference: Sport Calgary) The original document can be found here: <https://www.sportcalgary.ca/this-week-in-sport-listings/2020/5/19/covid-19-risk-assessment-tool>

Risk Assessment Template - Your Club

Sport Step Break the process into steps/tasks, listing work which may be hazardous	COVID-19 Hazards List the hazard or type of harm identified with each step.	Risk	Control Measure List the necessary control measures to be followed to eliminate / Reduce the hazards.	Risk	Action Person Who will ensure this will happen



EXAMPLE: Risk Assessment - Rocky Curling Club

Please contact [Gordon McCrindle](mailto:rockycc1960@gmail.com) (rockycc1960@gmail.com) with any questions on the assessment below.

Sport Step Break the process into steps/tasks, listing work which may be hazardous	COVID-19 Hazards List the hazard or type of harm identified with each step.	Risk	Control Measure List the necessary control measures to be followed to eliminate / Reduce the hazards.	Risk	Action Person who will ensure this will happen
Enter the rink from the south parking lot door.	Single door, high contact point (door handle) potential high traffic area.		<ul style="list-style-type: none"> • Restrict/lock entry, emergency exit only. • Inform members to access the rink from the north entrance or main arena entrance. • Install signage for south entrance as required. 		
Enter Rink from the North-East entrance.	Potential social distancing problems with two way traffic into the arena / rink as well as lounge access through the stairwell.		<ul style="list-style-type: none"> • Install traffic flow directions (posters/arrows) • Inform members (communication) • Exit only lounge stairwell, minimize flow and pinch points (one way traffic) • Provide chairs (social distanced) in the hallway to put shoes on. • Install appropriate signage. 		
Staging to enter the Ice Shed to play games.	Social Distancing issues with potentially 40 players waiting to go onto the ice.		<ul style="list-style-type: none"> • Install traffic flow directions (posters / arrows) • Stage teams by sheet (sheet E first to enter, sheet A last to enter) • Inform members (communication) • Ask people to plan to arrive and be ready to go on ice no more than 5-10 min before start time. • Install social distancing aids as well as posters 		



Sport Step	COVID-19 Hazards	Risk	Control Measure	Risk	Action Person
Break the process into steps/tasks, listing work which may be hazardous	List the hazard or type of harm identified with each step.		<ul style="list-style-type: none"> List the necessary control measures to be followed to eliminate / Reduce the hazards. 		who will ensure this will happen
Accessing Locker rooms and getting ready to play.	Social distancing issues with congested area. High access area.		<ul style="list-style-type: none"> Install traffic flow directions (posters/arrows) Inform members (communication) Ask people to plan to arrive and be ready to go on ice (fully dressed to play) no more than 5-10 min before start time. Remove benches in between lockers to minimize congestion. Restrict the number of people into the dressing room and manage social distancing. Allow dressing room lockers for storage only put shoes on in designated spaces that allow social distancing. Prop doors open in/out to minimize contact points. ½ hour each side of active draws. 		
Accessing Ice Shed through the East entrance.	Single door with potential high contact point as well as boot wash station contact point.		<ul style="list-style-type: none"> Install traffic flow directions (posters/arrows) enter East, exit west. Inform members (communication) Have someone hold the door open to minimize contact points. Appropriate signage to be mindful of social distancing and contact points. Ensure proper cleaning between draws. 		



Sport Step	COVID-19 Hazards	Risk	Control Measure	Risk	Action Person
Break the process into steps/tasks, listing work which may be hazardous	List the hazard or type of harm identified with each step.		<ul style="list-style-type: none"> List the necessary control measures to be followed to eliminate / Reduce the hazards. 		who will ensure this will happen
Exiting Ice Shed, Lobby and dressing rooms.	Potential social distancing areas as people exit the ice as well increased people from the second draw.		<ul style="list-style-type: none"> Install traffic flow directions (posters/arrows) enter East, exit west. Inform members (communication) Stager time between draws (6:45 - 9:05 start times) Enforce time clock/buzzer to ensure start/stop times to help minimize congestion. Ask members to exit the lobby area as quickly as possible to minimize social distancing congestion. 		
Playing the game	Potential social distancing pinch points on Ice.		<ul style="list-style-type: none"> Inform members (communication) <ul style="list-style-type: none"> - 1 sweeper - Sweeping restrictions behind tee - Install center Ice markers for social distancing on the north side of each sheet. - Start games from alternate ends. 		
Deciding hammer	Not sure this is an issue?		<ul style="list-style-type: none"> Players social distance in the starting end of ice, a player with a coin ideally a 3rd, will use their personal coin, flip and call hammer. 		



Sport Step	COVID-19 Hazards	Risk	Control Measure	Risk	Action Person
Break the process into steps/tasks, listing work which may be hazardous	List the hazard or type of harm identified with each step.		<ul style="list-style-type: none"> List the necessary control measures to be followed to eliminate / Reduce the hazards. 		who will ensure this will happen
Hand Shaking at the beginning and end of the game.	This is a high contact activity and is totally discouraged under the AHS guidelines		<ul style="list-style-type: none"> Inform members (communication) Install appropriate signage (posters) hand shakes & fist pumps not allowed. Encourage a wave, broom tap or other means of greeting. 		
Keeping Score	This can be a high contact point by a number of people.		<ul style="list-style-type: none"> Select 1 of the Thirds to keep score and the other to be responsible for measuring if required. Additional cleaning of the scoreboard and numbers between draws. Inform members (communication) 		
Measuring Rocks	This can be a high contact point by a number of people.		<ul style="list-style-type: none"> Select 1 of the Thirds to keep score and the other to be responsible for measuring if required. Add sanitize station/wipes for assigned person to use before/after use of measuring equipment. Inform members (communication) 		
Touching Stones	This can be a high contact point by a number of people.		<ul style="list-style-type: none"> Players select and only touch their 2 stones. Assign two players from each team to clear house at end of play to push and organize their stones, (lead & second?) Inform members (communication) 		

Sport Step	COVID-19 Hazards	Risk	Control Measure	Risk	Action Person
Break the process into steps/tasks, listing work which may be hazardous	List the hazard or type of harm identified with each step.		<ul style="list-style-type: none"> List the necessary control measures to be followed to eliminate / Reduce the hazards. 		who will ensure this will happen
Exiting Lobby and leaving the building or entering the lounge area.	Potential high congestion or pinch points with social distancing issues. For example using the stairwell by the north entrance to access the lounge.		<ul style="list-style-type: none"> Install traffic flow directions (posters / arrows) Inform members (communication) Exit only lounge stairwell, minimize flow and pinch points (one way traffic) Additional cleaning of contact points in exit stairwell handrails. Lounge access through main entrance only (touchless doors) Provide chairs (social distanced) in the hallway to put shoes on/ off. Install appropriate signage. Inform members (communication) 		
Symptomatic people entering the rink.	This is a potential problem especially since curling is played through the normal cold/flu season and becomes a high risk of spreading COVID-19 as well as other coronavirus type viruses.		<ul style="list-style-type: none"> All members / renters and first time users must complete the waiver form as well as a declaration of compliance. Appropriate signage / posters to help people understand. Self check / screening. Encourage all members to stay home if sick as well help coach your individual team to follow the guidelines. Do not enter if AHS rules indicate you should be isolating! <ul style="list-style-type: none"> - Symptomatic - Recently travelled abroad - Potentially exposed to COVID-19 - Etc. 		



APPENDIX #4: CANADIAN STICK CURLING ASSOCIATION RETURN TO PLAY GUIDELINES

On-ice physical distancing recommendations adapted from Curling Canada

While these guidelines are national by nature, you and your club must follow the authority of relevant agencies in your community / municipality / province / territory to customize your own plan. Further, these best practices may be expanded upon or changed based on evolving guidance from your governing authorities.

The Canadian Stick Curling Association (CSCA) considers the safety of its members its first priority. Accordingly, CSCA recommends wearing a mask, or face shield, and gloves during play. However, specific requirements will be determined by each club in consultation with the appropriate authorities.

The latest version can be found on the Curling Alberta website: https://curlingalberta.ca/wp-content/uploads/2020/07/Stick_Curling_during_Covid-on-ice-play-V5-1.pdf

