

2021-2022 EXCEL TEAM SELECTION (U20 & U25)							
ASSESSMENT RUBRIC							
Criteria for Team selections for U20 and U25 Excel Teams			BEGINNING	ACCEPTABLE	PROFICIENT	MASTERY	TEAM TOTAL
CATEGORIES	WEIGHTING	Description of details requested	1 point	2 points	3 points	4 points	Possible Max of 16 points
1. Curling Experience (include details from past 3 seasons)	20% of total evaluation	Bonspiels played in (by at least 2 members)	Participated in a few bonspiels	Participated in 4 or more bonspiels over the span	Participated in 2 or more bonspiels each year including 1 (in that span) that was above their age range (jr teams) or events with SFM > 3.5**	Participated in 2 or more bonspiels each year including 3 (over the span) that were above their age category (jr teams) or events with SFM > 3.5**	
		Playdowns (Regional, Provincial, National & International) (by at least 2 members)	Regional level playdowns experience	Provincial level playdown experience	Provincial Champion &/or National level experience	Canadian Champion &/or International level experience	
		Clinics/Camps attended (by at least 2 members)	No experience	Participant in 1 camp/clinic	Participant in 2 or more camps/clinics over the span	Participant in 2 or more camps/clinics over the span AND was a coach/assistant coach at 1 camp/clinic	
		Volunteer work related to curling (by at least 2 members)	No experience	Volunteer at local club level	Volunteer at regional curling event/bonspiel	Volunteer at major event / Scotties, Brier, Provincial Championships, etc	
** for fall of 2020, no SFM, field must have contained 33% of teams ranked in top 15 of CTRS							
2. Curling Performance	35% of total evaluation		BEGINNING	ACCEPTABLE	PROFICIENT	MASTERY	TEAM TOTAL
			1 point	2 points	3 points	4 points	Possible Max of 12 points
		Bonspiel results during 2019-2020 and fall of 2020 (by at least 2 members)	Participant	Experience in playoff round	1st place in at least 2 bonspiels	1st place in 3 or more bonspiels	
		Playdown Results 2019-2020 Season (by at least 2 members)	Regional level playdowns experience	Provincial level playdown experience	Provincial Champion	Canadian Champion &/or International level experience	
Additional Accolades in 2018-2019 & 2019-2020 seasons (All Star, Playfair, etc)	N/A	N/A	1 member received an award	2 members received an award			
3. Training & Competition Plans	45% of total evaluation		BEGINNING	ACCEPTABLE	PROFICIENT	MASTERY	TEAM TOTAL
			1 point	2 points	3 points	4 points	Possible Max of 28 points
		Coach information, certification & resume	New to coaching	at least 2 years experience coaching OR new to coaching plus competitive experience as an athlete	minimum 3 years experience coaching junior teams - could also include camps/clinics/academies, along with junior teams	minimum 2 years coaching plus training/certification at the Competition Coach level or above	
		Summer / Off-season training (June through August) (at least 2 members)	minimal summer engagement	occasional physical training and/or team meetings	regular physical training OR team meetings	regular physical training AND team meetings	
		Description of engagement with curling during 2020-2021 season (at least 2 members)	none to very little	watched on tv occasionally	stayed connected with team through meetings, discussions, practices	continued to train as much as possible and stayed connected with team through meetings, discussions, practices	
		Year plan (events, schedule)	minimal training and events	mostly individual training and event heavy schedule	Schedule is full and somewhat unbalanced in training (individual or team) or competition	Balanced schedule with individual and full team training, events and includes rest & recovery plans	
		Preparation plan - focus areas for improvement	only one identified	2-3 areas of improvement identified, plan is weak, tracking is weak	2-3 areas of improvement identified, plan is mediocre, no/minimal tracking mechanism in place	2-3 areas of improvement identified, plan is strong, tracking mechanism is described	
		Preparation plan - focus areas of strength	only one identified	2-3 areas of strength identified, description is weak	2-3 areas of strength identified, description is mediocre, leverage is unclear	2-3 areas of strength identified, description is solid, leverage is clear	
Mentoring plan	none planned	coach accessing online sessions	coach and athletes accessing online sessions	coach establishing a mentorship relationship with a senior coach AND coach/athletes accessing online sessions			
Team Totals	Weighting applied						
Category #1 /16	0		0.00%	of the 20%			
Category #2 /12	0		0.00%	of the 35%			
Category #3 /28	0		0.00%	of the 45%			
Team Totals after weighting:			0.00%		of 100%		
TEAM PLACEMENT:							