



CurlingAlberta.ca

Curling Alberta Announces Alberta Curling Tour – Junior Points Document Amendment

Upon receiving feedback from coaches and teams on the recently released Alberta Curling Tour – Junior Points Document, Curling Alberta has made the decision to make an amendment to the published document. For the 2023-24 season, we will remove Rule 2 under “Event Restriction Guidelines”:

“Teams may not earn Alberta Curling Tour points in more than 3 consecutive weekends. If a team competes in an event for the fourth consecutive weekend, that team will be ineligible from receiving points for that event”

The rule relates to Curling Canada’s Long-Term Curler Development (LTCD) guidelines for training and competition on the competitive pathway:

U15: 60% training, 40% competition (3+ competitive events)

U18: 50% training, 50% competition (4+ competitive events)

U21: 40% training, 60% competition (5+ competitive events)

To view a full version of Curling Canada’s Long-Term Curler Development Guide, please [click here](#).

The intent of the rule was to guide coaches, team managers, and curlers to ensure there is room for athlete training, development, and rest in their competition schedule. In the past, teams were competing more than these LTCD ratios suggest, which leaves little room for training. While this rule is one that is well informed by the LTCD, and looks out for athlete well-being, while encouraging both training and competition, we understand the frustrations behind the delivery of the document.

We removed this rule to ensure that both the Alberta Curling Tour events and the Alberta Curling Tour team participation remains healthy in 2023-24. Curling Alberta and its Competitions Working Group will revisit this rule again for the 2024-25 season, when all stakeholders have the necessary information to plan their curling schedules well in advance of the Alberta Curling Tour Season.

If you have any questions or concerns, please contact Jason Ginter at jason.ginter@curlingalberta.ca.