

CURLING ALBERTA OPTIMIST U18 CHAMPIONSHIPS



JANUARY 3-7, 2024
SYLVAN LAKE CURLING CLUB



**CURLING
ALBERTA**





Blaine Calkins MP

Red Deer—Lacombe

www.blainecalkinsmp.ca

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January 2nd, 2024
Ottawa, Ontario

HOUSE OF COMMONS
CHAMBRE DES COMMUNES
CANADA

Dear Participants, Coaches, Volunteers, and Guests,

It is with great pleasure and honor that I extend a warm welcome to each and every one of you on behalf of the Parliament and myself at the 2024 Curling Alberta Optimist U18 Championships, held at the NexSource Centre in Sylvan Lake.

As your Member of Parliament, I am immensely proud of the Sylvan Lake Curling Club and Curling Alberta for organizing this prestigious event. Your dedication to nurturing and promoting the sport of curling aligns seamlessly with our shared values of fearless leadership, trusted professionalism, community spirit, and excellence by design.

Curling, a sport with a rich history, has always been more than just a game; it's a community that brings together individuals from all walks of life, fostering teamwork, strategic thinking, and physical wellness. The strategic priorities and goals of Curling Alberta resonate profoundly with our collective mission to support sports that contribute to the health, happiness, and unity of our communities.

As you compete, remember that you are not just curlers; you are the inspiring force for the curlers of today and tomorrow. Your participation in this championship is a testament to your hard work, dedication, and the spirit of sportsmanship.

To the young athletes, this championship is a remarkable opportunity to showcase your talent and to take another step towards achieving your dreams. To the coaches, your guidance and mentorship are invaluable in shaping the future of these young athletes. And to the volunteers and staff, your tireless efforts in making this event a success are sincerely appreciated.

I wish all competitors the best of luck. May this championship be a memorable and enjoyable experience for all!

Regards,

Blaine Calkins, MP
Red Deer – Lacombe

Ottawa Constituency

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LEGISLATIVE ASSEMBLY ALBERTA

Hon. Devin Dreeshen

Minister of Transportation and Economic Corridors
MLA, Innisfail - Sylvan Lake

To whom it may concern:

It is my pleasure to welcome all the participants, coaches, family and fans to Sylvan Lake for the U18 Curling Championships on January 3, 2024. Thank you for all those who have given of their time and effort to make this a successful tournament.

I would like to congratulate all the teams from across Alberta who have reached this level of achievement. Your hard work and dedication have paid off as you compete with the very best from across the province.

Your commitment to excellence has made you a strong role model. The many hours of training and hard work are to be admired.

Kind Regards,

A handwritten signature in dark ink, reading "Devin Dreeshen".



Congratulations U18 Curling Participants!

On behalf of all the members of District 13 of Optimist International, Alberta, Montana, Saskatchewan & Northern Wyoming, I wish to welcome you to the Provincial Championship.

Although I didn't compete in curling, I spent much of my early years competing and coaching football and from that, I learned one very important lesson: If at the end of the day I can look at myself in the mirror and know that I gave my very best, I had been successful. Winning and losing, although winning is a lot of fun, is secondary to effort and having no regrets.

Use this competition as a springboard to future successes in your life and perhaps even more importantly, **HAVE FUN!**

Best wishes to all competitors, their families and those who work tirelessly to put these competitions on!

Roger Gravgaard, Governor

Alberta, Montana, Saskatchewan & Northern Wyoming





On behalf of Curling Alberta, it is my pleasure to welcome participating curlers and coaches to the **Curling Alberta Optimist U18 Championship** hosted by the Sylvan Lake Curling Club. Our hope is that you will experience the thrill of competition and the comradery of your teammates and fellow competitors.

I would like to extend my utmost gratitude to host chair Joyce Thrush and her hosting team for their leadership in coordinating this event. To the staff and volunteers that made this event possible, we express appreciation for your dedication and energy in hosting these championships. Much of the work you do is behind the scenes and the effort can be seen in the passion you have taken to welcome everyone to your facility, the quality of the ice and attention to all the detail. Without your support, the opportunity for these athletes to compete would not be possible.

A special thank you to the Optimists for their continued support and to all the local sponsors and partners who have helped make this championship a success!

Good Luck and good curling to all.

Jody Meli
President, Curling Alberta



MESSAGE FROM SYLVAN LAKE CURLING CLUB

The Sylvan Lake Curling club is excited to be hosting the 2024 Optimist U18 Provincial Championships.

A special thank you goes to the Host Committee and the many volunteers for making this event possible. We would also like to thank the Town of Sylvan Lake and the staff at the Nexsource Centre for their continued support during our season.

It is always exciting when we bring young energy into our town to share the love for the sport of curling.

On behalf of the Board of Directors and the members of the Sylvan Lake Curling Club, I would like to wish everyone a great week of competition.

"Hurry, Hard" but don't forget to have fun!

Wanda Moon, President, Sylvan Lake Curling Club



MESSAGE FROM SYLVAN LAKE CURLING CLUB HOST COMMITTEE

On behalf of the Host Committee, we welcome curlers, coaches, families and spectators to the 2024 Curling Alberta Optimist U18 Championships and to our Town of Sylvan Lake. We are honoured to have this opportunity to showcase these young people who will be the future stars in the world of Canadian curling.

Provincial championship events such as this are made possible by the dedication of volunteers and financial support of the business community. We appreciate the hours of planning and organizing invested by our Host Committee members to make this event a success. Thanks to everyone who has stepped up to fill the many volunteer positions required to make this championship a success. A special thank you to businesses and individuals who have made financial and in-kind contributions to this prestigious competition.

Best wishes to all competitors and we hope you enjoy your stay in our community. For the eventual winning teams, we wish you the best of luck at the Canadian National Championships.

Joyce Thrush & Lesley Hill
Co-chairs, 2024 Optimist U18 Championship Host Committee



2024 Curling Alberta Optimist U18 Championships Sylvan Lake Curling Club

NexSource Centre
4823-49 Avenue
Sylvan Lake, Alberta
T4S 1M6

Wednesday, January 3, 2024

**Practice Ice: 10 minutes per sheet*

9:30 am – 10:10 am 1st Practice – Boys' 4 teams

10:30 am – 11:10 am 2nd Practice – Boys' 4 teams

11:10 am ----- 2nd Practice – Boys' Team Pictures

11:30 am – 12:00 pm Team Meeting/Boys' and Girls'

**Umpire/Team Meeting, one team member or coach to attend.*

12:00 PM U18 BOYS AND GIRLS GROUP PICTURE, BLEACHERS ON ICE, EVERYONES ATTENDANCE IS REQUESTED

12:10 pm – 12:50 pm 1st Practice – Girls' 4 teams

1:10 pm – 1:50 pm 2nd Practice – Girls' 4 teams

1:50 pm ----- 2nd Practice Girls' Team Pictures

Wednesday, January 3, 2024

3:00pm Draw 1 – Boys' Pre-game practice

3:30 pm Draw 1 (Boys') – (4 sheets)

7:00 pm Opening Ceremonies – (30 mins)

8:00pm Draw 1 – Girls' Pre-game practice

8:30 pm Draw 1 (Girls') – (4 sheets)

Thursday, January 4, 2024

8:00am Draw 2 – Boys' Pre-game practice

8:30 am Draw 2 (Boys') – (4 sheets)

11:30 am – 4:30 pm – GAMES ROOM OPEN, ROOM 2&3 NEXSOURCE CENTRE

12:00pm Draw 2 – Girls Pre-game practice

12:30 pm Draw 2 (Girls') – (4 sheets)

4:00 pm Draw 3 – Boys' Pre-game practice

4:30 pm Draw 3 (Boys') – (4 sheets)

8:00 pm Draw 3 – Girls' Pre-game practice

8:30 pm Draw 3 (Girls') – (4 sheets)

2024 Curling Alberta Optimist U18 Championships

Sylvan Lake Curling Club

NexSource Centre
4823-49 Avenue
Sylvan Lake, Alberta
T4S 1M6

Friday, January 5, 2024

8:00am Draw 4 – Boys' Pre-game practice

8:30 am Draw 4 (Boys') – (4 sheets)

**11:00 am – 7:00 pm – HACK2HOUSE POP-UP STORE, ROOM 2&3
NEXSOURCE CENTRE**

12:00 pm – BOY'S LUNCHEON ROOM 2&3 NEXSOURCE CENTRE

12:00pm Draw 4 – Girls Pre-game practice

12:30 pm Draw 4 (Girls') – (4 sheets)

4:00 pm – GIRL'S LUNCHEON ROOM 2&3 NEXSOURCE CENTRE

4:00 pm Draw 5 – Boys' Pre-game practice

4:30 pm Draw 5 (Boys') – (4 sheets)

8:00 pm Draw 5 – Girls' Pre-game practice

8:30 pm Draw 5 (Girls') – (4 sheets)

Saturday, January 6, 2024

8:00 am Draw 6 – Boys' Pre-game practice

8:30 am Draw 6 (Boys') – (4 sheets)

**11:30 am – 4:30 pm – GAMES ROOM OPEN, ROOM 2&3 NEXSOURCE
CENTRE**

12:00 pm Draw 6 – Girls Pre-game practice

12:30 pm Draw 6 (Girls') – (4 sheets)

4:00 pm Draw 5 – Boys' Pre-game practice

4:30 pm Draw 7 (Boys') – (4 sheets)

8:00 pm Draw 7 – Girls' Pre-game practice

8:30 pm Draw 7 (Girls') – (4 sheets)

Sunday, January 7, 2024

9:00 am Pre-game Practice

9:30 am Semi Final (Girls' & Boy's) (2 sheets)

2:00 pm Pre-game Practice

2:30 pm Final (Girls' & Boy's) (2 sheets)

****Closing Ceremony and medal presentation upon the completion of the final games.***

****Live scoring available on curlingAlberta.ca***



**2023-24 CURLING ALBERTA OPTIMIST U18 BOY'S PROVINCIAL
CHAMPIONSHIP**
SYLVAN LAKE CURLING CLUB, JANUARY 3-7

Crestwood CC

Peter Hlushak	SKIP
Noah Mason-Wood	THIRD
Lucas Sawiak	SECOND
Parker Harris	LEAD
Reg Reinhardt	COACH

Sponsors

Natural Terrain Naturopathic Clinic, Crestwood Curling Centre, KRP Chartered Professional Accountants, California Closets, Nobrega Financial, Techfibre Industries, Prairie Wheel, NexGen Transportation, Tim Hortons, Hardline Curling, Sherwood Park Toyota, The Little Potato Company

North Hill CC

Nolan Duncan	SKIP
Spencer Else	THIRD
Max Weber	SECOND
Austin Hennig	LEAD
Tim Krassman	COACH

Sponsors

Absolute Athletic Therapy, Krassman Farms, Excel and Y Insurance Services, Pinnacle Dental Arriva, Hawkwood Auto, Red Tree Exploration, Castone Construction, Curlers Corner, North Hill Curling Club, Maximized Creations, North Hill Curling Club Advanced Junior Program, Kona Ice of Strathcona County, Kona Ice of Edmonton, Grant Thornton - Jared Brusky TD Wealth - John H. Wells, Team Duncan Grandmas, Asham, Hardline Curling

Brooks CC

Jacob Falkenberg	SKIP
Justin Mrazek	THIRD
Micah Fontaine	SECOND
Jesse Elsbett	LEAD
Chad Falkenberg	COACH

Sponsors

TC Mobile Vessels, Cactus Communications, Davis Brooks, A&W, Lutes Building Center, Absolute Safety Management, Horizon Welding Fabrication, For Sight Vision Centre, Chance Oilfield

Sherwood Park CC

Jaxon Hiebert	SKIP
Evan Hennigar	THIRD
Varyk Doecker	SECOND
Nate Burton	LEAD
Les Sonnenberg	COACH

Sponsors

Chilly's Industrial Services Ltd., Mathroom.ca, Allstate – Tony George, Torch Light RV Park, Dental Elements, Cowan Graphics Inc., NaR Environmental Ltd, B Creative Woodworks, Hardline, Parkland Potato Varieties, Westlink Consultants

2023-24 CURLING ALBERTA OPTIMIST U18 BOY'S PROVINCIAL CHAMPIONSHIP

SYLVAN LAKE CURLING CLUB, JANUARY 3-7

Crestwood CC

Nathan Schoenhardt	SKIP
Braeden Hein	THIRD
Karter Bishop	SECOND
Hugo Chow	LEAD
Robert Knorren	COACH

Sponsors

Sam Elias ReMax Professionals, Crestwood Curling Club, A1 Supply, Strebs Automotive and Industrial, Supply (Napa Auto Parts), Priority Mechanical Ltd., Green Hills Homes, Heart Kitchen and Bath, The Staging Warehouse, Chiu & Company, Barristers & Solicitors, Nomiya Japanese Eatery, Millwoods Registry, Town Square Orthodontics, AED Alive

Leduc CC

Caleb Hofstra	SKIP
Ethan Datema	THIRD
Rhett Mailoux	SECOND
Connor Barkley	LEAD
Griffin Williams	ALTERNATE
Ron Delmage	COACH

Sponsors

G3, Club 19 Ag Products, Big Daddy's Pipe Sales, Nexsource Power, Ultimate Safety, Hayduk, Apecs, Intergra Tire, Edward's Garage, Thompson Enterprises, BEL Contracting, Thompson Construction Group, Hardline, Prairie Vision, Rainbow Ford, Nucor Harris Rebar, Irma insurance services, JHF Law Office, Hofstra CCM

Fort McMurray CC

Kris Mitsopoulos	SKIP
Ryan Gartenburg	THIRD
Robert Nelson	SECOND
Koen Danku	LEAD
Carter Furgeson	ALTERNATE
George Mitsopoulos	COACH

Sponsors

Coldwell Banker, Miksew, Regional Municipality of Wood Buffalo, Hard Ice Pad, Stratford, Spartan Controls, H&L Capital Scotia Wealth Management, Fort McMurray Orthodontics, Sproule Family, Tim Dyck Best Culture Solutions, H&S Bison Ranch, Stratford Contracting Ltd.

St. Albert CC

Timothy Lawrence	SKIP
Rilen Donaldson	THIRD
Dylan Jost	SECOND
Haydn Couprie	LEAD
Murray Lee	COACH

Sponsors

Sunco Communication, Arjae Design Solutions, Leading Edge Physiotherapy, Quantum Chemical, Hardline Curling, Zahnd Family, Dr. Derek Fika Family Dentistry, Rivers Water and Vac, Crystal Clean Water, Tony George Allstate Insurance, Westview Dental Granville



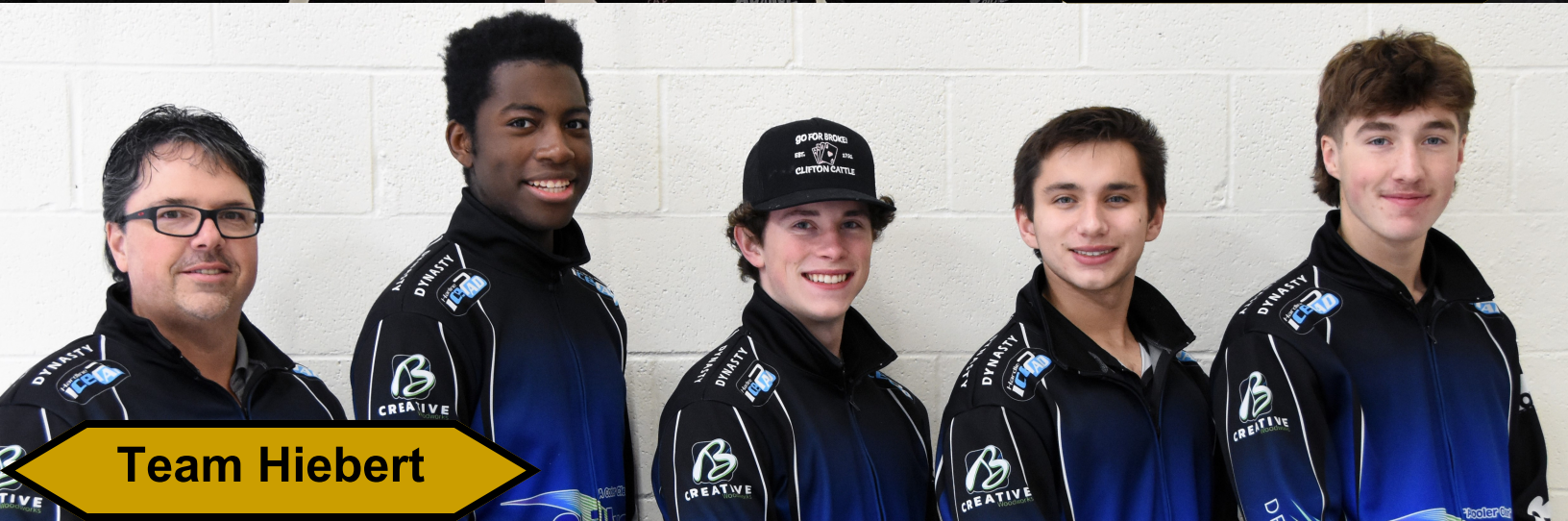
Team Hlushak



Team Duncan



Team Falkenberg



Team Hiebert



Team Schoenhardt



Team Hofstra



Team Mitsopoulos



Team Lawrence

**2023-24 CURLING ALBERTA OPTIMIST U18 GIRL'S PROVINCIAL
CHAMPIONSHIP****SYLVAN LAKE CURLING CLUB, JANUARY 3-7****Lacombe CC**

Emma Deschiffart
Emma Yarmuch
Morgan Deschiffart
Sarah Yarmuch
Mark Deschiffart

SKIP
THIRD
SECOND
LEAD
COACH

Sponsors

Lime Developments Ltd, Jodi Baehl Professional Corporation, BullsEye Contracting Ltd, Pin, Point Roofing, Dittmar Stone & Tile, Moes Pizza Lacombe, Cilantro & Chive, Hucal &, Edwards Orthodontics, Hodgson Electric, Edge Marketing & Design, Anna Maria's Cafe, Webbs Machinery, Paragon Soil & Environmental Consulting Inc, Fountain Tire, Callingwood, Fountain Tire Commonwealth, NorthWind Land Resources Inc, Hardline Curling, Dynasty Curling

Lacombe CC

Abby Whitbread
Anna Bakos
Hayley Adams
Faith Thomas

SKIP
THIRD
SECOND
LEAD
COACH

Sponsors

Adams Instruments, Ashmore Criminal Law, Cybertech Electric, Darren Moulding Coaching, Hardline Curling, OSY Rentals, Sturgeon Rewind, Sunfind Solar Products, Thermal Creek Geothermal

Okotoks CC

Abby Desormeau
Lila Koe
Gemma Nickerson
Kaycee Johnston
Atina Ford-Johnston

SKIP
THIRD
SECOND
LEAD
COACH

Sponsors

Red Deer Legion, Camdon Construction, Pidherney's, Team Koe, Team Grammy, Twin Anchors Houseboats, Booster Juice Airdrie, Avenue, Grid Line Locating, Giroux Financial Services, Doug and Sherry Kelly, Lifemark

Okotoks/North Hill Curling Club

Alena Yurko
Claire Corneillie
Olivia Kennedy
Kendra Koch
Shaun Corneillie

SKIP
THIRD
SECOND
LEAD
COACH

Sponsors

Towes & Bales, Workato, Resolve Earthworks & Environmental, Skinny Oilfields Services, Shaganappi Cooperators, Diana L. Martin Professional Corporation, CIR Reality Jodi Hanrahan, Quigley Electric, Quigley Electric, Gary Macyk, [Springbank Dental](#)

Saville/Lacombe Curling Club

Kaylin Young
Abigail Mielke
Maisie Mears
Rhiley DeSchiffart
Chris Power

SKIP
THIRD
SECOND
LEAD
COACH

Sponsors

Tiger Lily Insulation Ltd., BullsEye Contracting, Champion Automotive Ltd., Muhs Wealth Partners, ATHX, Crestwood Curling Centre, Groat Plaza Family Dentistry, Hardline, Task Concrete Cutting, Adams Chevrolet Ponoka, Sommer Home Hardware Ponoka, Hodgson Enterprises, KFTea, Made You Smile Orthodontics, Mortgage Makers, Crestwood Apothecary, Heinz Kramer Projects Ltd., Jasper Place Orthodontics, Fenceline Rentals, Summerside Physiotherapy, Bernie's Hot Tubs, D&D Dental



**2023-24 CURLING ALBERTA OPTIMIST U18 GIRL'S PROVINCIAL
CHAMPIONSHIP
SYLVAN LAKE CURLING CLUB, JANUARY 3-7**

Ellerslie Curling Club

Julia Kennedy
Molly Whitbread
Camryn Adams
Savannah Dutka
Glenn Kennedy

SKIP
THIRD
SECOND
LEAD
ALTERNATE
COACH

Sponsors

Prism Engineering, RSS Oilfield Services, InkPen Engineering, Adams Instruments, More Properties, Cybertech Electric, Pinpoint Roofing, Ashmore Criminal Law, Dickey's Barbecue Pit, Sunfind Solar Products

Lacombe Curling Club

Sierra Wyatt
Sofia Bascello
Keira Buckland
Cassie Waigenbach
Hailey Jackson
Tim Wyatt

SKIP
THIRD
SECOND
LEAD
ALTERNATE
COACH

Sponsors

Goldline Curling Supplies, Bayer Crop Science, IFR Workwear, JLC Farms, Crop Management Network, Canada Malting, Vision Credit Union, Downton's Transport, Boston Pizza (Lacombe), Cirrus Sports, Psychology, TerraLogix Solutions, Horinek Farms, Bashaw Elks 175, Bashaw Concrete Products, FlareTech, Prema MidAlta, Ocudent Dental Clinic, Bullock Inspection Services

Sexsmith CC

Hayden Young
Lola Rasi
Kaily Sparks
Siobhan McGriskin
Amanda Sparks

SKIP
THIRD
SECOND
LEAD
COACH

Sponsors

Rob Rasi Ventures Ltd., Morningview Park Golf Course, Compass Access Solutions Ltd., Karen McGriskin Realty, HUB International, Town of Sexsmith, Hardline, Dynamic Energy Solutions Ltd., The Gardener Family, Pure Chem Services, Export Mobile, Hart Smart Fitness, ROSKA, Here to Health Wellness Clinic, MVR Mechanical Ltd., Aquatera, Secure Energy Services, Fraction Energy Services, Avi at Grande Prairie Massage and Physio.



Team Deschiffart



Team Whitbread



Team Desormeau



Team Yurko



Team K. Young



Team Kennedy



Team Wyatt



Team H. Young

2024 Curling Alberta Optimist U18 Provincial Championship, SYLVAN LAKE CURLING CLUB

January 3-7, 2024

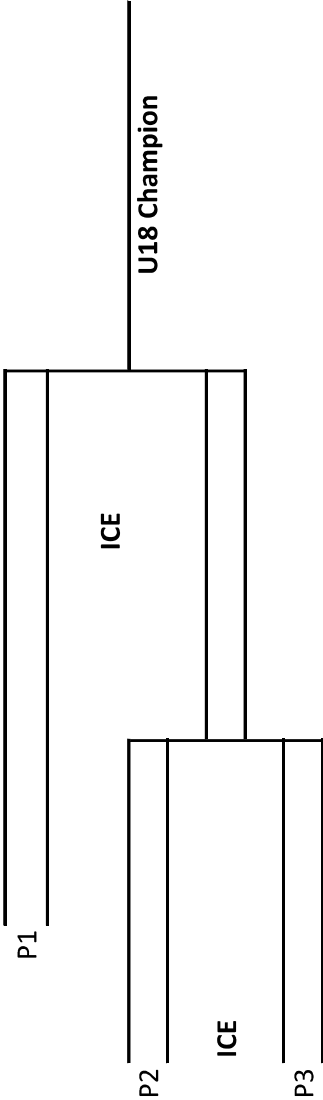
Boy's Draw

DAY	TIME	DRAW	SHEET A		SHEET B		SHEET C		SHEET D	
			Red	Yellow	Red	Yellow	Red	Yellow	Red	Yellow
WED.	3:30PM	1	Lawrence	Mitsopoulos	Hiebert	Schoenhardt	Falkenberg	Hlushak	Hofstra	Duncan
THURS.	8:30AM	2	Hiebert	Hlushak	Lawrence	Duncan	Hofstra	Mitsopoulos	Falkenberg	Schoenhardt
THURS.	4:30 PM	3	Hofstra	Falkenberg	Mitsopoulos	Hlushak	Duncan	Schoenhardt	Lawrence	Hiebert
FRI.	8:30AM	4	Hlushak	Schoenhardt	Hofstra	Lawrence	Hiebert	Falkenberg	Duncan	Mitsopoulos
FRI.	4:30PM	5	Falkenberg	Lawrence	Schoenhardt	Mitsopoulos	Hlushak	Duncan	Hiebert	Hofstra
SAT.	8:30AM	6	Schoenhardt	Hofstra	Duncan	Falkenberg	Mitsopoulos	Hiebert	Hlushak	Lawrence
SAT.	4:30PM	7	Duncan	Hiebert	Hlushak	Hofstra	Schoenhardt	Lawrence	Mitsopoulos	Falkenberg
SUN.	9:30AM	8	SEMI-FINAL (SHEET TO BE ASSIGNED BY CU)							
SUN.	2:30PM	9	FINAL (SHEET TO BE ASSIGNED BY CU)							

Teams will name the players delivering the last stone draws, including which turns, before the start of the first team practice. Failure to do so will result in an assigned distance of 399.20 cm.

Last stone advantage will be determined by the Last Stone Draws before each round robin game and will be completed immediately following each team's pre-game practice.

During pool play, each player on each team will deliver a minimum of two LSD's. The 2 LSD's can be taken anytime during the round robin but not in the same game and must be one of each rotation. Based on the Original Team Lineup form, the four players must fulfill the minimum number of LSD deliveries.



PLAYOFFS 8 Team Round Robin - 3 team playoff : A). Better W/L record: Team will have last stone advantage (hammer) AND choice of stone handle colour B. Same W/L record: If the win / loss records are identical, the higher ranked team (winner of the RR game) will have the choice of last stone advantage OR choice of stone handle colour. C). If DSC used: If the ranking has been determined by the cumulative last stone draw distance, then the higher ranked team based on DSC has choice of colour and second practice. Teams will draw for hammer.

2024 Curling Alberta Optimist U18 Provincial Championship, SYLVAN LAKE CURLING CLUB

January 3-7, 2024

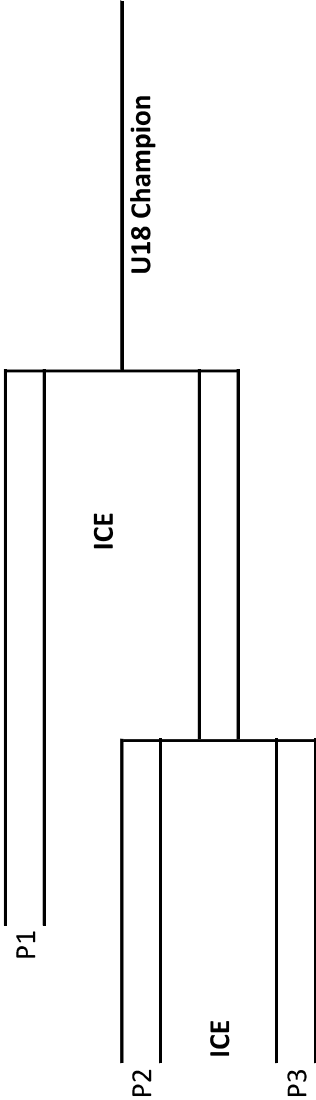
Girl's Draw

DAY	TIME	DRAW	SHEET A		SHEET B		SHEET C		SHEET D	
			Red	Yellow	Red	Yellow	Red	Yellow	Red	Yellow
WED.	8:30PM	1	Desormeau	Yurko	Wyatt	K. Young	H. Young	Deschiffart	Whitbread	Kennedy
THURS.	12:30PM	2	Wyatt	Deschiffart	Desormeau	Kennedy	Whitbread	Yurko	H. Young	K. Young
THURS.	8:30PM	3	Whitbread	H. Young	Yurko	Deschiffart	Kennedy	K. Young	Desormeau	Wyatt
FRI.	12:30PM	4	Deschiffart	K. Young	Whitbread	Desormeau	Wyatt	H. Young	Kennedy	Yurko
FRI.	8:30PM	5	H. Young	Desormeau	K. Young	Yurko	Deschiffart	Kennedy	Wyatt	Whitbread
SAT.	12:30PM	6	K. Young	Whitbread	Kennedy	H. Young	Yurko	Wyatt	Deschiffart	Desormeau
SAT.	8:30PM	7	Kennedy	Wyatt	Deschiffart	Whitbread	K. Young	Desormeau	Yurko	H. Young
SUN.	9:30AM	8	SEMI-FINAL (SHEET TO BE ASSIGNED BY CU)							
SUN.	2:30PM	9	FINAL (SHEET TO BE ASSIGNED BY CU)							

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Curling Alberta Optimist Boys' U18 Practice Schedule				
TIME	SHEETS			
	A	B	C	D
1st PRACTICE - BOYS'				
9:30AM	Hofstra	Duncan	Schoenhardt	Hlushak
9:40AM	Hlushak	Hofstra	Duncan	Schoenhardt
9:50AM	Schoenhardt	Hlushak	Hofstra	Duncan
10:00AM	Duncan	Schoenhardt	Hlushak	Hofstra
2ND PRACTICE BOYS'				
10:30AM	Hiebert	Lawrence	Falkenberg	Mitsopoulos
10:40AM	Mitsopoulos	Hiebert	Lawrence	Falkenberg
10:50AM	Falkenberg	Mitsopoul	Hiebert	Lawrence
11:00AM	Lawrence	Falkenberg	Mitsopoulos	Hiebert

11:30AM - 12:00 NOON UMPIRE / TEAM MEETING VIEWPOINT LOUNGE

Curling Alberta Optimist Girls' U18 Practice Schedule				
TIME	SHEETS			
	A	B	C	D
1ST PRACTICE GIRLS'				
12:10PM	Wyatt	Deschiffart	Whitbread	Kennedy
12:20PM	Kennedy	Wyatt	Deschiffart	Whitbread
12:30PM	Whitbread	Kennedy	Wyatt	Deschiffart
12:40PM	Deschiffart	Whitbread	Kennedy	Wyatt
2ND PRACTICE GIRLS'				
1:10 PM	Yurko	K. Young	Desormeau	H. Young
1:20PM	H. Young	Yurko	K. Young	Desormeau
1:30PM	Desormeau	H. Young	Yurko	K. Young
1:40PM	K. Young	Desormeau	H. Young	Yurko

PRACTICE IS 9 MINUTES PER SHEET. UMPIRE WILL ANNOUNCE TO MOVE TO THE NEXT SHEET TO THE RIGHT.

LEAVE STONES WHERE THEY ARE AND MOVE. IF TEAMS WANT TO SANITIZE HANDLES, THE UMPIRE WILL WAIT.

Curling Terms

A Q V S M H T D C O R P A Z S
H O U S E D P E B B L E H O H
K T S Q C Y Z Q S S P A R E E
Q H Z U E V B T H O G L I N E
B I O S W E E P I N G X K P T
U R T R M U G B B I G E Z R D
T D T E E L I N E E Y U Z H P
T H A M M E R J C H R S A M G
O M M L F D F O K O L A K R L
N W E I G H T O V Y U U I I D
R H T A K E O U T G D N L S P
I I T G S L P Q K F D Z T K E
A T D F W E Y S X B W X C E F
N B Z N Z A W B J M J V T U R
O F J V A D S E C O N D V P G

SWEEPING

COUNTER

TEE LINE

SKIP

TAKE OUT

BUTTON

WEIGHT

HIT

HOG LINE

SECOND

PEBBLE

HOUSE

SHEET

SPARE

HAMMER

GUARD

THIRD

RAISE

LEAD



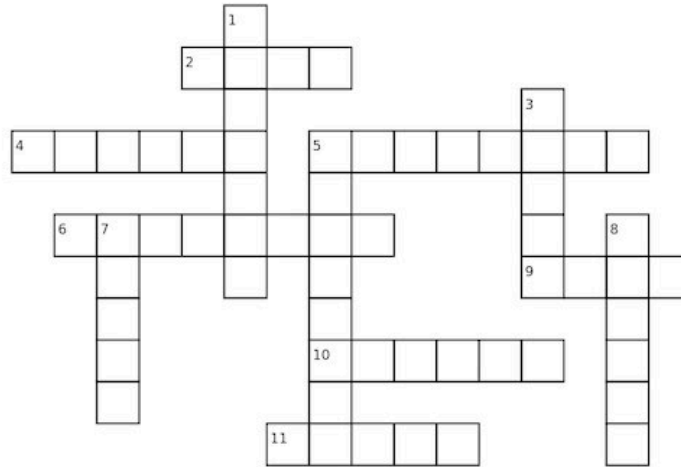


**CURLING
ALBERTA**

Curling Crossword



Curling Terms



Down:

1. The rotation applied to the handle of a stone that causes it to rotate in a clockwise direction and curl for a left-handed curler
3. A stone that just touches the outer edge of the circles
5. line across the ice behind the house
7. The foot-holds at each end of the ice from which the stone is delivered
8. Slippery material placed on the sole of the shoe

Across:

2. The amount a rock bends while travelling down the sheet of ice
4. The amount of force given to the stone during the delivery
5. A curling competition or tournament
6. At any time during an end, the stone closest to the button
9. The movement of a curling stone after it has struck a stationary stone in play
10. The rotation applied to the handle of a stone that causes it to turn and curl in a counter-clockwise direction for a left-handed curler.
11. A rock delivered with a greater force than necessary





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