

APPENDIX:

Senior (Men's and Women's)

See below for competition specific details. The rules and details contained in the main body of the Competitors' Guide apply to this competition. In the event there is a perceived conflict between the Competitors' Guide and this Appendix, this Appendix is considered to take priority.

This Appendix is subject to further review and evaluation on, at minimum, an annual basis.

Curling Alberta requires all athletes in the Men's, Women's, Mixed Doubles, Mixed, U20, U20 Mixed Doubles, Seniors, Stick Curling, Club Championships, and Wheelchair categories to complete the online Safe Sport Program in order to participate in any Curling Alberta sanctioned event. To complete Safe Sport training, athletes must sign up for 'The Locker' via the Coaches Association of Canada website. Access the Safe Sport Program website, information, and participant training here: <https://coach.ca/sport-safety/safe-sport-training>

Please ensure that proof of Safe Sport Training completion is uploaded to the curler's Curling Alberta Sideline Learning profile prior to the start of competition. If it is not uploaded to Sideline, then the requirements have not been met to compete. Curling Alberta's Sideline Learning can be found here: <https://curlingalberta.sidelinelearning.com/login>

Teams competing in a Curling Alberta Provincial Qualifier do so with the knowledge that they must continue to play at all levels, up to and including the Provincial Championship, until they are eliminated. In effect, this means a competitor may enter the Senior category and another category (e.g. Masters if eligible and/or Women's/Men's) as long as there is no date conflict up to and including the Provincial Championship.

The draw and schedule for the Provincial Qualifiers and Provincial Championships will be supplied to all teams and posted on the Curling Alberta Website.

A. PROVINCIAL QUALIFIERS - SENIOR MEN ONLY

1. The details and format are as described in Sections 1 and 2 of the Curling

Alberta Provincial Berth Policy. In the Senior Men's category, eight (8) Provincial berths are awarded in total, all through results at the Provincial Qualifiers.

2. In the Senior Men's category, 8 Provincial berths are awarded in total, all through results at the Provincial Qualifiers.
3. All games are 8 ends and are not timed. However, teams are expected to maintain a reasonable pace of play as managed by the Chief Umpire (no minimum number of ends).
4. There are no pre-Qualifying berths in the Senior category.
5. All Curling Alberta competitions that lead to a Curling Canada sanctioned National Championship will abide by Curling Canada's timeout structure. At the Senior level, all teams will be given one (1) 60-second timeout per game.

B. SENIOR MEN PROVINCIAL CHAMPIONSHIP

1. The format is an eight-team Round Robin (RR) with a 4 Team Page Playoff.
2. All games are 8 ends, with no minimum number of ends, and are timed. Thinking time is 30 minutes and 4 minutes and 30 seconds for each extra end. The mid-game end break is 5 minutes. Each team will be given 1 (one) 60-second timeout per game. Travel time may be added.
3. Stone handle colour is predetermined and dark-handled stones (red) practice first.
4. Pre-Game Practice:
 - a. Prior to the start of a game, teams are permitted a nine (9) minute practice with their stones. [Teams may throw an unlimited number of stones in their pre-game practice.](#)
 - b. Last Stone Advantage (hammer) in the first end will be decided by a draw to the button following each team's pre-game practice.
 - c. LSDs will be delivered toward the home end only.
 - d. In the event a team does not finish in the rings, then a second team member will be required to deliver a measurable stone.
5. During RR, each player on each team will deliver a minimum of two (2) Last Stone Draws (LSD). The two LSD's can be taken anytime during the Round Robin, but not in the same game and must be one of each rotation. Based on the Original Team Lineup form, the four players must fill in the minimum number of LSD deliveries. Refer to Competitors' Guide for more information.
6. No Tie Breaker games will be played. Teams tied for a playoff position

shall be ranked first by their head-to-head results and then by Draw Shot Challenge (DSC).

7. Post Round Robin:

- a. After the Round Robin, the Chief Umpire will notify each team of their playoff position. There will be no formal meeting held following the Round Robin. Teams advancing to the playoffs will receive their playoff information directly from the Chief Umpire and will not need to attend a post-Round Robin meeting. To streamline the process, any decisions such as stone colour or last stone advantage will be communicated to the Chief Umpire via text or email.
- b. Teams must be prepared to make their choices within 15 minutes of notification and communicate those decisions to the Chief Umpire.
- c. Teams must be prepared to select colour of stone and/or LSFE (hammer) following their last round robin game.

8. PLAYOFFS:

Playoffs - The top four (4) teams advance to the Plage Playoffs. Refer to the Competitors' Guide for format breakdown.

9. Playoff Stone Selection:

The Chief Umpire will advise which sheets the Women select from, and which sheets the Men select from.

C. SENIOR WOMEN PROVINCIAL CHAMPIONSHIP

1. The Senior Women's Provincial Championship for the 2025-2026 season will be limited to 32 teams which are based on a first come, first serve to register for the event in Curling IO.
 - a. The format for the Senior Women's Provincial Championship will be determined based on the number of entries received and announced within 14 days of the registration deadline closing. The format will be emailed to all team members.
2. All games are eight (8) ends and are timed. There are no minimum number of ends. Thinking time is 30 minutes and 4 minutes and 30 seconds for each extra end. The mid-game end break is 5 minutes. Each team will be given 1 (one) 60-second timeout per game. Travel time may be added.
3. Pre-Game Practice:
 - a. Prior to the start of a game, teams are permitted a nine (9) minute practice with their stones. **Teams may throw an unlimited number of stones in their pre- game practice.**

- b. Stone colour/LSFE selection(s) will follow policies described in Competitors' Guide, Section 2(C)(6).

4. PLAYOFFS:

- a. Playoff format will be determined based on the number of entries received and announced within 14 days of the registration closing.
- b. The Chief Umpire will advise which sheets the Women select from, and which sheets the Men select from following the last draw.