

## APPENDIX:

# U20 Mixed Doubles (Open)

See below for competition specific details. The rules and details contained in the main body of the Competitors' Guide apply to this competition. In the event there is a perceived conflict between the Competitors' Guide and this Appendix, this Appendix is considered first.

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This Appendix is subject to further review and evaluation, at a minimum, on an annual basis.

Curling Alberta requires all athletes in the Men's, Women's, Mixed Doubles, Mixed, U20, U20 Mixed Doubles, Seniors, Club Championships, Stick, and Wheelchair categories to complete the online Safe Sport Program in order to participate in any Curling Alberta sanctioned event. At least one parent/legal guardian of every curler under the age of 18 must complete the online Safe Sport Program in order to participate in any Curling Alberta sanctioned event, with the athletes within the U15, U18, and Masters categories being strongly recommended to complete the online Safe Sport Program as well. To complete Safe Sport training, athletes must sign up for 'The Locker' via the Coaches Association of Canada website. Access the Safe Sport Program website, information, and participant training here:

<https://coach.ca/sport-safety/safe-sport-training>

Please ensure that proof of Safe Sport Training completion is uploaded to the curler's Curling Alberta Sideline Learning profile prior to the start of competition. If it is not uploaded to Sideline, then the requirements to compete have not been met. Curling Alberta's Sideline Learning can be found here:

<https://curlingalberta.sidelinelearning.com/login>

Teams competing in a Curling Alberta Provincial Qualifier event do so with the knowledge that they must continue to play at all levels, up to and including Provincials, until they are eliminated. With respect to an actual or potential date conflict:

- If a U20 Mixed Doubles team member has a conflict because they are representing Alberta or Canada at a National or International level in another category, he/she may be replaced on the U20 Mixed Doubles team in advance of any competition. A Mixed Doubles team cannot replace more than one (1) player.

- In effect, this means a competitor may enter U20 Mixed Doubles and another category (e.g. U20 (Junior), Women's, Men's) and can subsequently be replaced for U20 Mixed Doubles if they qualify for National or International competition in the other category.

The draw and schedule for the Provincial Qualifiers and Provincial Championships will be supplied to all teams and posted on the Curling Alberta Website. Reference the Competitors' Guide on the Curling Alberta Website for details on the draw making procedure and seeding if applicable.

## A. FOR ALL U20 MIXED DOUBLES COMPETITIONS:

1. All games are eight (8) ends. No minimum number of ends to be completed.
2. [Coaches will utilize Curling Canada's Coach Interactions Program.](#)
3. Teams must have a coach. Coaches must be present within the event facility. Coaches at this competition are considered a team member and must abide by all relevant policies and team expectations (see the Competitors' Guide for details).
4. Games may be timed; [thinking time is 22 minutes; extra ends are 4 minutes.](#)
5. [Pre-Game practice is 7 minutes per team.](#)
  - a. [Teams can throw all eight \(8\) stones in pre-game practice and then select five \(5\) stones to deliver for the game play. Teams may deliver an unlimited number of stones during their pre-game practice.](#)
  - b. The non-delivered stones or pre-positioned stones will be identified. Identifiers will be provided by the Chief Umpire.
6. No stone in play, including the positioned stones and those in the house, can be moved to an out-of-play position prior to the delivery of the fourth stone of the end. The fourth delivered stone is the first stone that can remove any stone from play.
7. Immediately following each team practice each player will deliver one (1) Last Stone Draw, to the home end. First practice will deliver both LSD's with a clockwise rotation and the team practicing second will deliver both LSD's with a counterclockwise rotation.
8. [Rock rotation: each draw, Curling Alberta will label two \(2\) stones as "positioned stones". These stones will not be delivered by teams for the pre-determined draws. Rotation of positioned stones will be determined based on event format and number of teams in the provincial championships.](#)

9. At the start of every end, the team with Last Stone Advantage will decide on the horizontal placement of the positioned stones (center or which side).
  - a. Vertical stone placement (depth of guard in front of the rings) is decided by the teams after the second practice and remains the same throughout the game.
10. Each team is allowed one (1) power play per game determined by the team last stone.
11. If the end was blanked, the team that delivered first in that end shall determine the placement of the positioned stones. As it cannot be determined which team scored the point (i.e. a 'tied' measure), the end is blanked, and Last Stone Advantage does not change.
12. Teams are not required to have a broom holder.
13. The no-tick rule does not apply.
14. Teams must have 1 male and 1 female. There is no Mixed Doubles spare pool. Mixed Doubles are not permitted a substitute and therefore a team would be disqualified if the original 2 players were unable to compete. However, a permanent replacement for one of the players may be granted by Curling Alberta, if the circumstances are deemed appropriate. See the Curling Alberta Competitors' Guide for player replacement criteria and procedures.

## B. PROVINCIAL CHAMPIONSHIP

1. The format is an open championship, limited to 32 teams based on first-come first served registration of a full team in Curling IO.
  - a. Format will be determined based on the number of entries received and announced within 14 days of the registration deadline closing. The format will be emailed to all team members.
2. Playoff stone colour/LSFE selection(s) will follow policy described in Competitors' Guide, Section 2(C)(6).

As per Curling Alberta's Code of Conduct, please be advised that competitors and coaches are prohibited from consuming alcoholic beverages during a U15, U18, or U20 events sanctioned by Curling Alberta. This shall include the entire time period from departure to the competition through to, and including, arrival at home from the sanctioned event

## C. REGIONAL CHAMPIONSHIP

The team that wins the Provincial Championship will represent Alberta at the 2026 U21 Mixed Doubles West Regional Championships. Should the team qualify for the National U21 Mixed Doubles Championships, the team will also represent Alberta at the 2026 U21 Mixed Doubles National Championships.