



## 2025-26 Under-20 Mixed Doubles Coach Interactions

New for the 2025-26 season, the Curling Alberta Under-20 Mixed Doubles Provincial Championship will match Curling Canada's Under-21 Mixed Doubles National rules for coach seating and coach interactions.

### **Coach Bench**

The coach bench for the Red Team will be at the away end. The Yellow Team coach bench will be at the home end.

### **Coach Interactions**

Adapted from: World Curling "Rules of Competition" C2. PARTICIPATING TEAMS

While a game is in progress, the coach and the alternate player may, if the venue layout allows, communicate with their team from their position on the coach bench. **This only applies when a team is the non-delivering team.** Yelling is not allowed, and the team must not distract the delivering team and must be aware of the player position as the non-delivering team.

### **Timeouts**

As per World Curling, coaches will be given one 60-second timeout. Timeouts can be used when a team is the delivering team. This is the only time when a coach and alternate can discuss with their team while in possession of the house.