

Policy: Coach and Alternate Seating and Time-Out Procedures for Curling Alberta Championships

Purpose:

This policy outlines the seating arrangements and time-out procedures for coaches and alternates for Curling Alberta Competitions ensuring clear guidelines for team support and competition integrity.

1. Seating Arrangements for Coaches and Alternates

- In all Women's and Men's Curling Championships:
 - **Coaching Bench:** Only two individuals, either one coach and one alternate or two coaches, are permitted to sit at the coaching bench.
- In U15, U18, and U20 Championships:
 - **Cold Side of the Glass:** One coach and one alternate, or two coaches, are permitted to sit on the cold side of the glass, should space allow in the event venue. This area is designated for coaching and support.

2. Time-Out Procedures

- **One Coach at a Time:** Only one coach or alternate at any given time is allowed to approach the team during a time-out in all competitions.
 - The designated coach or alternate will have exclusive access to communicate with the players during the time-out.

3. Additional Notes

- **Team Support:** While two individuals may be seated with the team (at the coaching bench or the cold side of the glass), only the designated coach or alternate is authorized to approach the players during time-outs. The only exception to this rule is if there is a mentor coach, in which case both coaches may approach the team, although only one coach can communicate with the team, both coaches would be allowed on-ice, the certified coach as an observer only. (Comp Guide 1A, 7(h)).
- **Compliance:** It is expected that all participants, coaches, and alternates follow this policy strictly. Any violations will result in penalties.

4. Enforcement

- Event officials will monitor compliance with these seating and time-out procedures to ensure fair play.
- First Offense - verbal and written warning. Second Offense – both coaches will sit inside with no interactions or communication for the remainder of the current game (if before mid-game break) or the entire next game (if after mid-game break). If the coach(s) repeat the infraction again, they will be removed from play and will sit in the spectator seating for the remainder of the event.